

The Guiding Knight



Signs of Suicide Curriculum (SOS)

SOS is a researched based curriculum that Pupil Services presented to all 10th grade students in physical education classes this semester. A second presentation will be given in March to those 10th grade students in physical education classes 2nd semester.

According to the CDC nearly 30% of students feel sad or helpless and of those 30%, approximately 8% of them attempt suicide (in a school our size that would be 600 kids feeling sad and hopeless and 48 of those feeling sad and hopeless attempting suicide), suicide is the third leading cause of death in individuals aged 10-24, and 90% of students who die by suicide have a diagnosable mental disorder; however, 80% of youth with mental illness are not identified or receiving services

[Science Festival at UWM](#)

This is being held October 19-23 for 11 different interactive shows. Click on the link above to find out more information.

Medical College of Wisconsin Summer Programs

If you are interested in the medical field the Medical College of Wisconsin offers summer programs to students who are at least junior status, 16 years old or older, have a GPA of 3.0 or more and fall into ONE of the following categories: Ethnically underrepresented (anyone who is not white), economically disadvantaged, or educationally disadvantaged: A first generation college student (so if neither parent went to college but your student is planning to), please go to the following link for more information:

<http://www.mcw.edu/Diversity-Programs/ROADS.htm>

[Midwest Student Exchange Program](#)

This site has information regarding colleges in the Midwest that will offer reduced tuition to out of state students.

FASFA Information

[8 Steps to Filling out the FASFA](#)

Tips to help you successfully and easily file your FASFA.

[12 Common FASFA Mistakes](#)

How to avoid common mistakes such as not using your FASFA ID or the IRS Data Retrieval Tool.

[What to Know after Filing the FASFA](#)

Information on what happens after you file your FASFA.

[3 FASFA Deadlines](#)

Important information from the government regarding financial aid deadlines.

[Form your Future](#)

From this site you can download a FASFA guide which discusses some uncommon questions such as being an undocumented student and having parents who will not provide their financial information.