



OAK CREEK COMMUNITY
EDUCATION & RECREATION

2024 What To Do? Winter/Spring

Scan to Register



Registration Opens
December 11 at 8:00 AM

LOOK INSIDE FOR



Summer Care Information
Makers Moments
Ants in Your Pants
Volleyball League
Google for Parents & Guardians
Latin Dance Sampler

PG 13
PG 22 & 30
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The image was taken in the program
Knights in Training found on page 8.

General Information



CONTACT US

Location: 7630 South 10th Street
Oak Creek, WI 53154
(School District Office)
Phone: (414) 768 - 6166
Website: ocfsd.org/ocr

OFFICE HOURS

Regular Office Hours
Monday - Friday 7:30 AM - 4:00 PM

OUR STAFF

Heather Ryan, CPRP

OCR Director
h.ryan@ocfsd.org

Joseph Schoen

OCR Coordinator
414-768-6163
j.schoen@ocfsd.org

Jodi Santiago

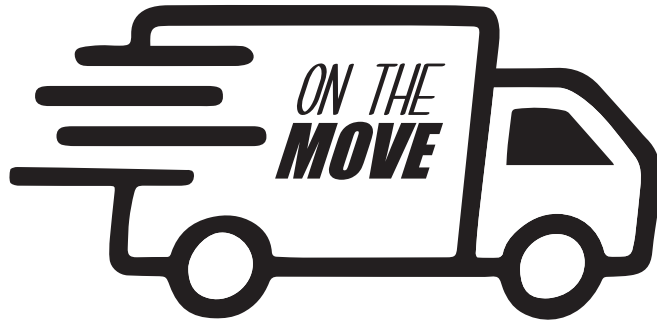
OCR Coordinator
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Greg Jach

Facilities Supervisor
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Your team in the Oak Creek Community Education & Recreation Department (OCR) is focused on offering a variety of enrichment, sports and wellness, aquatic and childcare programs for our community. To provide daytime programming in family friendly, accessible facilities we are partnering with Parkway Church.

Beginning this Winter 2024, many daytime OCR programs will be hosted in the Family Life Center located on their campus at 10940 S Nicholson Road, just south of Oakwood Road. This is primarily for programs that would run during a typical school day. For adults this would include activities such as Senior Fit, Gentle Yoga, and computer classes. The preschool Little Tyke programs including Wee Cook, Circle Time, Sensory Play and Music Time with Mr. Branch will be held at the Parkway Church location.

The majority of evening and weekend programs will remain in Oak Creek-Franklin School District facilities or event-specific locations based on recreational partnerships. Programs such as archery, golf, indoor tennis and pickleball league play will continue to be offered off site. All registration continues through OCR.

Parkway Church
10940 S Nicholson Road
Oak Creek, WI 53154

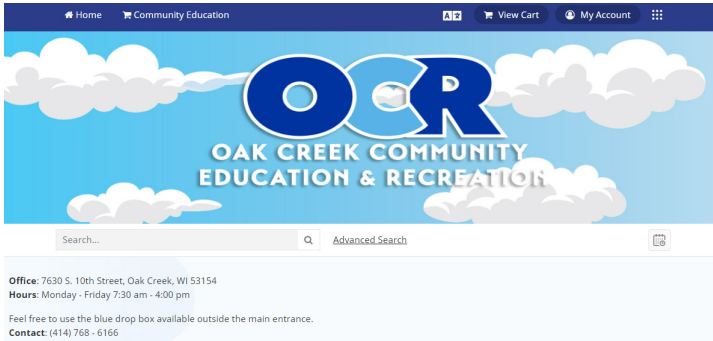


General Information

WAYS TO REGISTER



Register online @ www.ocfsd.org/ocr and left click on OCR, then click on "Register Now". Sign in (don't forget your user-name and password), find the class you are looking for and pay with debit or credit card.



Register in-person at the District Office. Instructors will not accept registration or payment at the class site.



There is a drop box outside District Office. Use anytime!



Make check or money order payable to OCFSD and mail to:

Oak Creek Community Education & Recreation (OCR)
7630 South 10th Street, Oak Creek, 53154

WHAT DO THESE SYMBOLS MEAN?



First Time Program has been offered. Give it a try!



A Cooperative program This program is offered in cooperation with other local recreation departments.



T-Shirt This program includes a t-shirt in the price. Double check the t-shirt size when registering!



Team Fundraiser Funds raised from this program are used as a high school team fundraiser.



New Location. This program to a new location. All locations in Oak Creek are listed on the map on the back cover.

MISSION STATEMENT

Oak Creek Community Education & Recreation is committed to delivering high quality programs in safe and engaging environments for our community to learn and grow.

ARE THEY OLD ENOUGH?

Age requirements are as of the date of the first class unless otherwise specified and are designed to provide the best and safest environment for the children. Grade requirements are based on current school grade levels with the exception of summer programming.

WHAT TO DO? INFORMATION

The *WHAT TO DO?* activity guide is published three times per year: May (Summer), August (Fall) & December (Winter/Spring). Camp OC wrap around and full day care will open in March with Summer School Registration.

SMILE! YOU ARE ON CAMERA

Have you taken photos of activities, fun in our parks or beautiful scenery in Oak Creek? We are always looking for high quality digital photos for use in our brochures. Send to j.schoen@ocfsd.org

SOCIAL MEDIA



facebook.com/OakCreekRec



twitter.com/OCYouthPrograms



instagram.com/ocfsdyouthprograms

PROUD MEMBERS OF





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Looking for a class that is not listed? Let us know about it! We are always looking to add courses of interest to our community.

OPEN ACTIVITIES

Adult Open Pickleball Ages 18 +

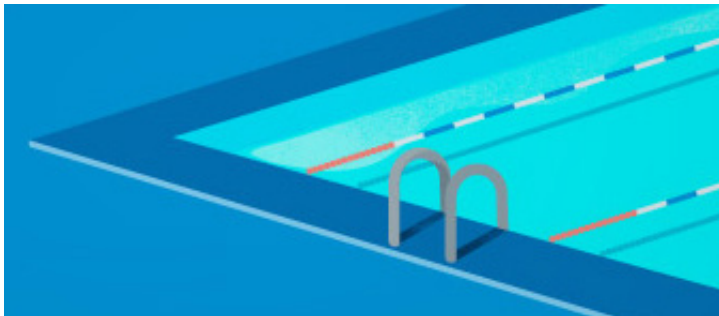
Meets: Sundays
Dates: January 14 - March 17
No gym on 1/28
Time: 1:30 - 3:30 PM
Cost: \$3 per night
Location: East Middle School Gym
Enter Door #7 (Back of building)

Adult Open Basketball Ages 18 +

Meets: Sundays
Dates: January 14 - March 17
No gym on 1/28
Time: 6:30 - 8:30 PM
Cost: \$3 per night
Location: East Middle School Gym
Enter Door #7 (Back of building)

Adult Fitness Walking Ages 18 +

Meets: Monday - Thursday
Dates: January 16 - March 7
No walking on non-school days or holidays
Time: 6:00 - 8:00 PM
Cost: FREE
Location: Oak Creek High School
Enter Door #18
(Northeast Side of building)



Open Swim

Meets: Saturdays
Dates: January 13 - March 2
April 6 - May 18
Time: 12:00 - 2:00 PM
Cost: \$3 per visit
LOC: Oak Creek High School
Enter Door #18
(Northeast Side of building)



OPEN GYM PASSES ARE AVAILABLE

10-Visit Gym passes are available at District Office or on site for \$25.

Elementary Open Basketball Grade K -5

Meets: Saturdays
Dates: January 13 - March 16
Time: 3:00 - 5:00 PM
Cost: \$3 per night
Location: Forest Ridge Elementary
Enter Door #6 (Back of building)

Middle Open Basketball Grades 6 - 8

Meets: Saturdays
Dates: January 13 - March 16
Time: 6:00 - 8:00 PM
Cost: \$3 per night
Location: East Middle School
Enter Door #7 (Gymnasium Door)

High School Open Basketball

Meets: Sundays
Dates: January 14 - March 17
No gym on 1/28
Time: 4:00 - 6:00 PM
Cost: \$3 per night
Location: East Middle School Gym
Enter Door #7 (Back of building)



Wee Cook

Ages 3 - 4 with Parent
(4 Weeks)

Children will learn coordination and fine motor skills while slicing, dicing, and cutting with tools designed for little hands and safety in mind. Children will be led through measurements and recipes to create a treat each class. All will be able to eat their "cooking" creations, enjoying the fruits of their labor. Participants will receive a booklet at the end of class with recipes they have made.

Session 1

Meets: Thursdays
Dates: February 15 - March 7
Time: 12:00 - 12:45 PM
Cost: \$50

Session 2

Meets: Thursdays
Dates: April 4 - April 25
Time: 12:00 - 12:45 PM
Cost: \$50

INS: Jodi Santiago
LOC: Parkway Life Center
10940 S Nicholson Road

Little Dragons Tae Kwon Do

Ages 4 - 5 without Parent
(6 Weeks)

Get a head start at Tae Kwon Do with Little Dragons! Tae Kwon Do is the way of developing our bodies and our minds. Tae Kwon Do is a Korean martial art and sport that teaches kicking, punching, self-defense, balance, respect, and humility.

Rank: White Belt/ Beginner

Session 1

Meets: Thursdays
Dates: January 11 - February 22
No class 2/8
Time: 6:00 - 6:30 PM
Cost: \$40 per session

Session 2

Meets: Thursdays
Dates: February 29 - April 11
No class 3/28
Time: 6:00 - 6:30 PM
Cost: \$40 per session

Session 3

Meets: Thursdays
Dates: April 18 - May 23
Time: 6:00 - 6:30 PM
Cost: \$40 per session

INS: Nick Schwichtenberg
3rd Dan (Degree)
Kukkiwon-Certified Black Belt
LOC: Shepard Hills Cafeteria
Enter Door #8



Cheer

Ages 3 - 4 without Parent
(6 Weeks)

OCR is proud to offer a fun and exciting cheerleading class for beginners. Coaches will teach the fundamentals of cheer through a variety of activities. We will focus on the elements of motions, jumps, and dance routines. Cheerleaders will perform one full routine on the last class.

Session 1

Meets: Tuesdays
Dates: January 9 - February 13
Time: 5:15 - 6:00 PM
Cost: \$45 per session

Session 2

Meets: Tuesdays
Dates: February 20 - April 2
No class 3/26
Time: 5:15 - 6:00 PM
Cost: \$45 per session

Session 3

Meets: Tuesdays
Dates: April 16 - May 21
Time: 5:15 - 6:00 PM
Cost: \$45 per session

INS: Emily Witt & Megan Novak
LOC: Shepard Hills Gym
9701 S Shepard Ave
Enter Door # 8



Mite Sports Basketball

Ages 3 - 4 without Parent
(6 Weeks)

Basic skills of ball handling, footwork, and shooting will be covered. Game rules will be presented with game play the last two sessions.

Meets: Saturdays
Dates: April 13 - May 18
Time: 8:00 - 8:50 AM
Cost: \$45

OR

Meets: Saturdays
Dates: April 13 - May 18
Time: 9:00 - 9:50 AM
Cost: \$45

LOC: Forest Ridge Gym
2200 W Drexel Ave
Enter Door #6

Tumbling

Ages 3 - 4 without Parent
(6 Weeks)

This class teaches the foundations of tumbling and acro. Students will work on developing coordination, balance, strength and flexibility. Class will focus on acro based skills including rolls, cartwheels, handstands, and backbends. Safety is our top priority.

Session 1

Meets: Mondays
Dates: January 8 - February 12
Time: 4:30 - 5:15 PM
Cost: \$40 per session

Session 2

Meets: Mondays
Dates: February 19 - April 1
No class 3/25
Time: 4:30 - 5:15 PM
Cost: \$40 per session

Session 3

Meets: Mondays
Dates: April 15 - May 20
Time: 4:30 - 5:15 PM
Cost: \$40 per session

INS: Megan Novak
LOC: Shepard Hills Gym
9701 S Shepard Ave
Enter Door # 8

NEW

Skyhawk Hoopster Tots

Ages 2 - 4 with Parent
(4 Weeks)

Learning basketball has never been more fun! These classes focus on developing motor skills while introducing dribbling, shot technique, and passing. Adjustable hoops and appropriately sized basketballs are used to always provide just the right amount of challenge. Parent participation is required.

Ages 2-3

Meets: Wednesdays
Dates: January 10 - January 31
Time: 5:30 PM - 6:00 PM
Cost: \$45 per session

Ages 3-4

Meets: Wednesdays
Dates: January 10 - January 31
Time: 6:10 - 6:40 PM
Cost: \$45 per session

INS: Skyhawk Staff
LOC: Forest Ridge Gym
2200 W Drexel Ave
Enter Door #6



Skyhawk Baseball Tots

Ages 2 - 4 with Parent
(4 Weeks)

Baseball Tots is a developmental program that uses a variety of fun games to engage kids while teaching the sport of baseball and developing fundamental skills. We build fitness, muscle coordination, baseball fundamentals and create a love of the game. Parent participation is required.

Ages 2-3

Meets: Sundays
Dates: May 5 - May 26
Time: 1:00 PM - 1:30 PM
Cost: \$45 per session

Ages 3-4

Meets: Sundays
Dates: May 5 - May 26
Time: 1:40 PM - 2:10 PM
Cost: \$45 per session

INS: Skyhawk Staff
LOC: Carrollton Fields
8965 S Carrollton Drive



Skyhawk 1st Down Tots

Ages 2 - 4 with Parent
(4 Weeks)

1st Down Tots is a developmental program that uses a variety of fun games to engage kids while teaching the sport of football and developing fundamental skills. We build fitness, muscle coordination, football fundamentals and create a love of the game. We do not do any tackling or blocking at this level. Parent participation is required.

Ages 2-3

Meets: Sundays
Dates: February 18 - March 10
Time: 1:00 PM - 1:30 PM
Cost: \$45 per session

Ages 3-4

Meets: Sundays
Dates: February 18 - March 10
Time: 1:40 PM - 2:10 PM
Cost: \$45 per session

INS: Skyhawk Staff
LOC: Carrollton Gym
8965 S Carrollton Drive
Enter Door #4

Skyhawk Soccer Tots

Ages 2 - 3 with Parent
(4 Weeks)

This soccer-themed class helps youngsters develop motor skills while getting involved in sports. We develop kicking, running control, and dribbling. This course will help kiddos learn to listen and follow instructions all while playing a variety of fun games with lots of physical activity. Parent participation is required.

Meets: Wednesdays
Dates: February 14 - March 6
Time: 5:15 PM - 5:45 PM
Cost: \$45 per session

INS: Skyhawk Staff
LOC: Carrollton Gym
8965 S Carrollton Drive
Enter Door #4

LITTLE TYKES

LITTLE TYKES

Music Time with Mr. Branch

Ages 6 months - 5 Years
(8 Weeks)

Will Branch is committed to helping children grow and develop their innate musical abilities. Founded in 2009, Mr. Will's Music Together serves several Milwaukee locations. Music Together® is a long-trusted and time-tested program, based on solid research, that creates a stimulating and supportive environment for fun and healthy musical development. The songs and materials used in the classes are of the

highest quality, and the philosophy behind the program matches experiences working with children and music. Parents often find that they enjoy Music Together classes just as much as their children. Since the classes are mixed-age, there's an opportunity for making new friends and for older siblings to be a part of the class as well as the youngest child. Each family receives a CD and songbook

Session 1:

Meets: Wednesdays
Dates: January 10 - February 28
Time: 9:30 AM - 10:15 AM
Cost: \$170 for first child,
\$85 for each additional child
LOC: District Office

Session 2:

Meets: Saturdays
Dates: January 13 - March 2
Time: 10:30 - 11:15 AM
Cost: \$170 for first child,
\$85 for each additional child
LOC: District Office

Session 3:

Meets: Wednesdays
Dates: April 3 - May 22
Time: 9:30 AM - 10:15 AM
Cost: \$170 for first child,
\$85 per each additional child
LOC: District Office

Session 4:

Meets: Saturdays
Dates: April 6 - May 25
Time: 10:30 - 11:15 AM
Cost: \$170 for first child,
\$85 per each additional child
LOC: District Office

Please note: *One adult must accompany child. Any and all adults in family, or nannies, etc., are welcome in class.*



Circle Time with Jojo

Ages 3 - 4 without Parent
(5 Weeks)

Boost your child's coordination and social skills through games, stories, singing, dancing, and play centers. Your little tyke may bring a small stuffed animal or item to share in our community circle each day.

Session 1

Meets: Tuesdays
Dates: January 16 - February 13
Time: 9:00 - 9:45 AM
Cost: \$40 per session

Session 2

Meets: Tuesdays
Dates: February 27 - April 2
No class on 3/26
Time: 9:00 - 9:45 AM
Cost: \$40 per session

INS: Jodi Santiago
LOC: Parkway Admin Building
10940 S Nicholson Road
Enter main entrance

Ants in Your Pants

Ages 3 - 4 without Parent
(6 Weeks)

Join other parents and their preschoolers playing, laughing, and meeting new friends. Ants in your Pants is the place to have fun and get those extra wiggles out. Your child will have a blast channeling their boundless energy. Group games, dancing, open gym play, and mats for basic tumbling will be offered.

Session 1

Meets: Mondays
Dates: January 22 - February 26
Time: 5:30 - 6:15 PM
Cost: \$45

Session 2

Meets: Mondays
Dates: March 11 - April 22
No class on 3/25
Time: 5:30 - 6:15 PM
Cost: \$45

INS: OCR Staff
LOC: Edgewood Elementary Gym
8545 S Shepard Avenue
Oak Creek, WI 53154
Enter Door #8D

Knights in Training

Ages 3 - 4 without Parent
(10 Weeks)

Oak Creek Franklin School District is pleased to offer this play-based program for preschool aged children. This program partners with our early childhood special education services and aims to provide inclusive opportunities for children with and without disabilities. Knights In Training is intentionally designed to foster communication, cooperation, friendship, and leadership skills through play, exploration, and experience.

We welcome all future students into this immersive environment while understanding not all may be ready for the structure and behavioral expectations of this first step in classroom learning. Staff will work with parents if student behaviors are harmful to themselves or others.

At time of registration all students will be placed on a waitlist. Waitlists will be reviewed weekly and parents will be notified once cleared. Payment will be due at time of program confirmation. Sign up for only 1 time slot per day.

If your child is currently receiving services in the district through an Individualized Education Plan (IEP) - this includes speech and language therapy - please see their service provider before registering. If you have concerns about your child's speech, language, or overall development, please contact our Early Education Principal, Eileen Aalderks @ e.aalderks@ocfsd.org.

Meets: Mondays & Wednesdays
Dates: February 26 - May 8
No class on 3/25 & 3/27
Time: 8:15 - 9:45 AM
Cost: \$95
LOC: Meadowview Elementary

OR

Meets: Mondays & Wednesdays
Dates: February 26 - May 8
No class on 3/25 & 3/27
Time: 10:00 - 11:30 AM
Cost: \$95
LOC: Meadowview Elementary

Lifeguarding Certification

Ages 15 +

The purpose of the American Red Cross Lifeguarding course is to provide entry-level lifeguard participants with the knowledge and skills to prevent, recognize, and respond to aquatic emergencies and provide care for breathing and cardiac emergencies, injuries and sudden illnesses until emergency medical services (EMS) personnel take over.

Prerequisites:

1. Must be 15 years old on or before the final scheduled session of this course.
2. Swim 300 yards continuously demonstrating breath control and rhythmic breathing. Candidates may swim using the front crawl (freestyle), breaststroke or a combination of both, but swimming on the back or side is not allowed. Swim goggles may be used.
3. Tread water for 2 minutes using only the legs.
4. Complete a timed event within 1 minute, 40 seconds: Starting in the water, swim 20 yards. The face may be in or out of the water. Swim goggles are not allowed. Surface dive, feet first or head first, to a depth of 7 to 10 feet to retrieve a 10-pound object. Return to the surface and swim 20 yards on the back to return to the starting point with both hands holding the object and keeping the face at or near the surface. Exit the water without using a ladder or steps.

Certification Requirements:

- Attend and participate in all class sessions.
- Demonstrate competency in all required skills and rescue skill scenarios.
- Pass both the Section 1-CPR/AED for the Professional Rescuer and First Aid and Section 2-Lifeguarding Skills final written exams with a minimum grade of 80 percent.
- Certificates will be emailed within 4 weeks of course completion and are valid for two years.

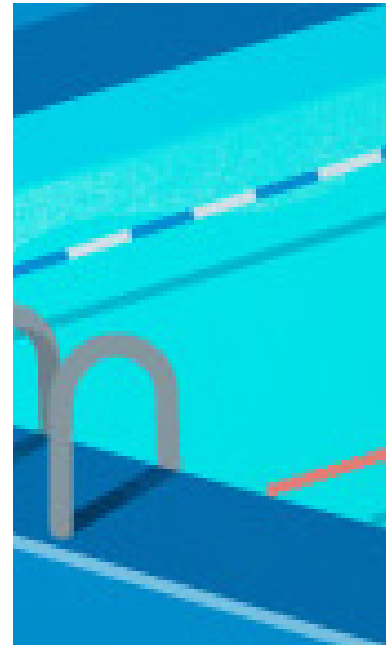
Meets: Sundays
 Dates: January 14 - March 3
 Time: 12:00 PM - 4:00 PM
 Cost: \$200
 INS: Coach Caleb
 American Red Cross Lifeguard INS
 LOC: OCHS Pool

Lifeguarding Re-Certification

Ages 15 +

An abbreviated Lifeguarding course that briefly reviews course information and allows practice of skills and knowledge before testing. Current certification in Red Cross Lifeguarding/First Aid/CPR/AED is required to participate in the review course. Students who successfully complete this course will receive a certificate for Lifeguarding/First Aid/CPR/AED which is valid for 2 years.

Meets: Sundays
 Dates: April 7 & 14
 Time: 12:00 PM - 4:00 PM
 Cost: \$160
 INS: Coach Caleb
 American Red Cross Lifeguard INS
 LOC: OCHS Pool



Adult Lap Swim

Meets: Mondays - Thursdays & Saturdays
 Dates: Follows swim lesson schedule
 Time: Saturdays: 8:00 - 9:00 AM and
 11:00 AM - 2:00 PM
 Mon - Thu: 8:30 - 9:30 PM
 Cost: \$3 per visit
 LOC: Oak Creek High School
 Enter Door #18
 (Northeast Side of building)

Open Swim

Meets: Saturdays
 Dates: January 13 - March 2
 April 6 - May 18
 Time: 12:00 - 2:00 PM
 Cost: \$3 per visit
 LOC: Oak Creek High School
 Enter Door #18
 (Northeast Side of building)



**OAK CREEK COMMUNITY
EDUCATION & RECREATION**

Are you a dependable, thoughtful, fun-loving person that enjoys helping others in the community?
 Do you have a skill, trade or experience you'd like to share with others? We encourage you to apply!

Let's talk.

NOW HIRING!

**ASPIRE Staff
 ASPIRE Supervisors
 Art Instructor
 STEM Instructor
 Coding Instructor**

Applications are online @ <https://www.ocfsd.org/ocr/current-offerings>
 Or, email Heather Ryan @ h.ryan@ocfsd.org

SWIMMING FOR SAFETY

AQUATICS

All aquatic programs are held at
Oak Creek High School
340 E Puetz Road
Enter door #18 (on Northeast side of building)

Know Before You Go!

Swimmers must be potty trained or wear
diapers meant for pool use.

Swimmers must wear swim suits;
no cut offs, gym or bike shorts.

No water wings.

Spectators are welcome in the
bleacher area the first and last
class.

Children ages 5+ are to use gender
appropriate locker rooms.

Swimmers must pass a swim test
before entering diving well.

Limited lockers are available. Locks are
NOT provided.

Our pool is set to a temperature of 82.5F

Parent & Child Class

Join your child in the pool and learn how to
help teach your child introductory swimming
skills including front and back floats, bobs, and
ice cream scoopers through singing songs and
other in-water activities.

Requirement - Age 6 months - 4 years

Session A - 9:00 - 9:30 AM
Session A - 10:00 - 10:30 AM
Session B - 9:00 - 9:30 AM
Session B - 10:00 - 10:30 AM

Session 1 - 6:00 - 6:30 PM
Session 2 - 6:00 - 6:30 PM
Session 3 - 6:00 - 6:30 PM
Session 4 - 6:00 - 6:30 PM
Session 5 - 6:00 - 6:30 PM
Session 6 - 6:00 - 6:30 PM
Session 7 - 6:00 - 6:30 PM

Level 1

With assistance from an instructor and aide,
swimmers will become more comfortable in the
water and start to learn how to swim and be safe
in and around the water. This will be done by
working on bobs, front and back floats, kicking
and arm strokes.

Requirement - Age 4 or older - any swim ability

Session A - 9:30 - 10:00 AM
Session A - 10:30 - 11:00 AM
Session B - 9:30 - 10:00 AM
Session B - 10:30 - 11:00 AM

Session 1 - 6:30 - 7:00 PM
Session 2 - 6:30 - 7:00 PM
Session 3 - 6:30 - 7:00 PM
Session 4 - 6:30 - 7:00 PM
Session 5 - 6:30 - 7:00 PM
Session 6 - 6:30 - 7:00 PM
Session 7 - 6:30 - 7:00 PM

Aquatic Schedule

\$48 per Session (8 Classes)
\$44 per Session (7 Classes)
Evening Classes

Mondays (1 per week)

Session 1: January 8 - March 4
No swim on 1/15
Session 4: April 8 - May 20 (7 Classes)

Tuesdays (1 per week)

Session 5: April 2 - May 21

Wednesdays (1 per week)

Session 2: January 10 - March 6
No swim on 1/17
Session 6: April 3 - May 22

Thursdays (1 per week)

Session 3: January 11 - March 7
No swim on 1/18
Session 7: April 4 - May 23

Saturdays (1 per week)

Session A: January 13 - March 2
Session B: April 6 - May 18 (7 Classes)

Level 2

Swimmers will develop the confidence to start
swimming front crawl and back crawl by them-
selves and learn more about being safe around
the pool. The goal is to swim 10 yards unassist-
ed in both front crawl and back crawl. This will
be done by front floats, back floats, kicking, arm
strokes and learning how to tread water.

Prerequisite - Passed level 1 or is comfortable
putting face in the water

Session A - 9:00 - 9:50 AM
Session A - 10:00 - 10:50 AM
Session B - 9:00 - 9:50 AM
Session B - 10:00 - 10:50 AM

Session 1 - 6:00 - 6:50 PM
Session 2 - 6:00 - 6:50 PM
Session 3 - 6:00 - 6:50 PM
Session 4 - 6:00 - 6:50 PM
Session 5 - 6:00 - 6:50 PM
Session 6 - 6:00 - 6:50 PM
Session 7 - 6:00 - 6:50 PM



SWIMMING FOR FUN & COMPETITION

AQUATICS

Level 3

Swimmers will extend their confidence and ability to swim. Their goal will be to complete 25 yards in both front crawl (with rotary breathing) and back crawl without stopping.

Prerequisite - Passed level 2 or can swim 10 yards without assistance in both front crawl and back crawl.

Session A - 9:00 - 9:50 AM
Session A - 10:00 - 10:50 AM
Session B - 9:00 - 9:50 AM
Session B - 10:00 - 10:50 AM

Session 1 - 6:00 - 6:50 PM
Session 3 - 6:00 - 6:50 PM
Session 4 - 6:00 - 6:50 PM
Session 5 - 6:00 - 6:50 PM

Level 4

Level 4 will further technique in freestyle and backstroke by swimming 50 yards (non-stop) and introducing butterfly and breast strokes.

Prerequisite - Passed level 3 or can swim 25 yards without assistance in both front crawl (with rotary breathing) and back crawl.

Session A - 11:00 - 11:50 AM
Session B - 11:00 - 11:50 AM

Session 2 - 6:00 - 6:50 PM
Session 6 - 6:00 - 6:50 PM
Session 7 - 6:00 - 6:50 PM

Teen/ Adult Learn to Swim

Lessons are designed to meet the needs of individuals seeking more personalized swim instruction.

Prerequisite - Need to be 13 or Older

Session A - 11:00 - 11:50 AM
Session B - 11:00 - 11:50 AM

Session 2 - 8:30 - 9:20 PM
Session 3 - 8:30 - 9:20 PM
Session 6 - 8:30 - 9:20 PM
Session 7 - 8:30 - 9:20 PM

Swim Club Schedule

Monday - Thursday

Session 1 - January 8 - March 7
No swim on 1/15 & 1/16

Session 2 - April 2 - May 23

We will have optional swim meets throughout the season. Check with the coach on deck for details. For those who do not wish to participate in the meet, there will still be practice at our pool.



Junior Fighting Swordfish

Must be able to swim 50 freestyle yards in good form (without stopping) or pass level 4.

Junior Fighting Swordfish is swimming for fun while learning valuable swim techniques in all four competitive strokes. Swimmer will be introduced to competitive starts (diving from starting blocks) as well as appropriate turns for each stroke.

Meets: Swimmers Choice of
Two Days per week (Mon - Thur)
Time: 7:00 - 8:00 PM
Cost: Session 1 - \$70
Session 2 - \$65
- OR -

Meets: Monday - Thursday
Time: 7:00 - 8:00 PM
Cost: Session 1 - \$140
Session 2 - \$130

Elite Swordfish

NEED TO PASS TIME TRIAL to enter this program

Designed for swimmers who want to be competitive with their swim strokes. We will be working on all four swim strokes, starts, turns and swim yardage.

Must be able to swim 50 freestyle yards in 45 seconds or less.

Meets: Swimmers Choice of
Two Days per week (Mon - Thur)
Time: 7:00 - 8:30 PM
Cost: Session 1 - \$90
Session 2 - \$85
- OR -

Meets: Monday - Thursday
Time: 7:00 - 8:30 PM
Cost: Session 1 - \$180
Session 2 - \$170

Club Fighting Swordfish

NEED TO PASS TIME TRIAL to enter this program

Designed for swimmers who want to be competitive with their swim strokes. We will be working on all four swim strokes, starts, turns and swim yardage.

Must be able to swim 50 freestyle yards in 40 seconds or less.

Meets: Swimmers Choice of
Two Days per week (Mon - Thur)
Time: 7:00 - 8:30 PM
Cost: Session 1 - \$90
Session 2 - \$85
- OR -

Meets: Monday - Thursday
Time: 7:00 - 8:30 PM
Cost: Session 1 - \$180
Session 2 - \$170

CHILDCARE & DEVELOPMENT

CHILDCARE & DEVELOPMENT

School Days Out is always a blast with hands-on STEM activities, inspiring art projects, scavenger hunts, teamwork challenges, and everyone's favorite: treats! Outside time is a must! Nature walks and playground games are opportunities to release some extra energy each season. Everyday is a new adventure and no two days are the same.

SCIENCE Marvels



Meets: Monday
Date: January 15
Times: 6:45 AM - 5:45 PM
Cost: \$45
LOC: Forest Ridge Elementary



Winter Adventures

Meets: Friday
Date: January 26
Times: 6:45 AM - 5:45 PM
Cost: \$45
LOC: Forest Ridge Elementary

BUSY BODIES



Meets: Friday
Date: March 8
Times: 6:45 AM - 5:45 PM
Cost: \$45
LOC: Forest Ridge Elementary



Spring Break Retreat

Meets: Monday - Friday
Date: March 25 - March 29
Times: 6:45 AM - 5:45 PM
Cost: \$170
LOC: Deerfield Elementary

CHILD CARE & DEVELOPMENT



SUMMER CAMP OC INFORMATION

Registration begins
March 4 @ 8:00 AM
For Summer Camp OC

HOW IT WORKS:

Pre-register for Camp OC beginning March 6. Select each week of care needed. Pay a \$25 non-refundable deposit for each week selected. Provide a credit card to process the remaining balance.

ON A WAITLIST?

When Camp OC registration reaches maximum capacity, your child will be placed on a waitlist. OCR will monitor registration and contact families as space becomes available. Fees are charged only after a camper is confirmed in the weekly Camp OC program.

NEED TO CANCEL?

Contact the OCR office no later than 9 am the Monday (one week) prior to the start of the camp week. Pay only the non-refundable deposit.

BY THE WEEK - FULL DAY CAMP

Entering grades K5-3 - Edgewood Elementary

Entering grades 4-8 - Oak Creek High School

Dates: June 10 - August 16

Time: 6:45 AM - 5:45 PM

Cost: \$175 per week

(includes all supplies, open swim, field trips, special guests, and occasional snacks)

4-WEEK SUMMER SCHOOL WRAP AROUND CARE

Entering grades K5-3 - Forest Ridge Elementary

Entering grades 4-8 - East Middle School

Dates: June 17 - July 12 (No care on 7/4 & 7/5)

Time: AM Care | 6:45 AM to Start of Summer School Day

PM Care | Close of Summer School Day until 5:45 PM

Cost: AM Care = \$90 for 4 weeks of summer school

PM Care = \$380 for 4 weeks of summer school



Birthday Parties ARE BACK

Looking for a fun and exciting way to celebrate your child's birthday?
Let the Oak Creek Recreation department help you!

Choose any Saturday, January 6 - May 11. Party times are either 10:00 AM - 12:00 PM or 1:00 PM - 3:00 PM.

Cost is \$150 per party (max of 30 people).

Equipment includes basketballs, volleyballs, tumbling mats, gator balls, jump ropes.

An event supervisor will help with your onsite plans.

Select the *Birthday Party* icon on the OCR website. Space and times are limited.

Shepard Hills Elementary

Cafeteria & Gym

9701 S Shepard Hills Dr, Oak Creek, WI 53154

Call with questions (414-786-6166) or visit the OCR website (www.ocfsd.org/ocr)



ART in the PARK

SATURDAY MAY 25 • 9:00 AM - 3:00 PM



Young Rembrandts

Grades K - 5
(8 weeks)

Young Rembrandts Drawing Classes – We grow creative, young minds and praise individual differences through the power of drawing. Unlock your child's potential and watch their confidence blossom as they develop skills critical to tomorrow's innovators. With BRAND-NEW lessons every week (we never repeat), your child will enjoy learning through an award-winning, educational drawing program (www.youngrembrandts.com). All supplies included.

Carrollton

Meets: Mondays
Dates: Session 1: January 29 - March 18
Session 2: April 1 - May 20

Cedar Hills

Meets: Fridays
Dates: Session 1: January 5 - March 1
No class 1/26
Session 2: March 15 - May 10
No class 3/29

Deerfield

Meets: Tuesdays
Dates: Session 1: January 30 - March 19
Session 2: April 2 - May 21

Edgewood

Meets: Thursdays
Dates: Session 1: February 1 - March 21
Session 2: April 4 - May 23

Forest Ridge

Meets: Wednesdays
Dates: Session 1: January 31 - March 20
Session 2: April 3 - May 22

Meadowview

Meets: Wednesdays
Dates: Session 1: January 31 - March 20
Session 2: April 3 - May 22

Shepard Hills

Meets: Thursdays
Dates: Session 1: February 1 - March 21
Session 2: April 4 - May 23

Time: 3:10 - 4:10 PM
Cost: \$109 each session
INS: Young Rembrandts Staff

Chess Scholars

Grades K - 5
(8 weeks)

Develop your child's intellect through the royal game of chess! Current research has shown a strong link between chess and academic performance in a variety of areas, including mathematics and language arts. Chess has been proven to enhance children's motivation, concentration, focus, social skills, and creativity. Each class will consist of a fun, interactive teaching period and guided practice time. Both beginner and experienced players are welcome and will learn under the guidance of an experienced Chess Scholars coach.

Carrollton

Meets: Tuesdays
Dates: Session 1: January 30 - March 19
Session 2: April 9 - May 28

Cedar Hills

Meets: Wednesdays
Dates: Session 1: January 31 - March 20
Session 2: April 10 - May 29

Deerfield

Meets: Thursdays
Dates: Session 1: January 25 - March 14
Session 2: April 11 - May 30

Edgewood

Meets: Mondays
Dates: Session 1: January 22 - March 11
Session 2: April 8 - June 3
No class 5/27

Forest Ridge

Meets: Mondays
Dates: Session 1: January 22 - March 11
Session 2: April 8 - June 3
No class 5/27

Meadowview

Meets: Fridays
Dates: Session 1: January 19 - March 22
No class 1/26 & 3/8
Session 2: April 12 - May 31

Shepard Hills

Meets: Tuesdays
Dates: Session 1: January 30 - March 19
Session 2: April 9 - May 28

Time: 3:10 - 4:10 PM
Cost: \$140 each session
INS: Afterschool Enrichment Solutions

STEAM

Grades K - 5
(8 weeks)

This exciting program from Afterschool Enrichment Solutions brings together elements of Science, Technology, Engineering, Art, and Math in a hands-on, action-packed environment! Students will conduct experiments, play educational games, and unlock their creativity through building challenges and projects. No experience necessary!

Carrollton

Meets: Thursdays
Dates: Session 1: January 25 - March 14
Session 2: April 11 - May 30

Cedar Hills

Meets: Fridays
Dates: Session 1: January 19 - March 22
No class 1/26 & 3/8
Session 2: April 12 - May 31

Deerfield

Meets: Mondays
Dates: Session 1: January 22 - March 11
Session 2: April 8 - June 3
No class 5/27

Edgewood

Meets: Wednesdays
Dates: Session 1: January 31 - March 20
Session 2: April 10 - May 29

Forest Ridge

Meets: Tuesdays
Dates: Session 1: January 30 - March 19
Session 2: April 9 - May 28

Meadowview

Meets: Tuesdays
Dates: Session 1: January 30 - March 19
Session 2: April 9 - May 28

Shepard Hills

Meets: Mondays
Dates: Session 1: January 22 - March 11
Session 2: April 8 - June 3
No class 5/27

Time: 3:10 - 4:10 PM
Cost: \$146 each session
INS: Afterschool Enrichment Solutions

STUDENT ENRICHMENT

STUDENT ENRICHMENT

Character Kids Musical Theatre Classes

**Grades 1 - 5
(8 weeks)**

Sing! Dance! Act! Join Character Kids for a fun-filled theater class. Students will learn the basics of acting, singing and musical theater dance while having a lot of fun! Come play theater games, explore stage skills and learn a group song or scene from a popular Broadway musical. Parents are invited to a special performance on the last day of class. Focus is put on developing imagination, social skills and a positive self image through the performing arts. Learn more at www.characterkidsdrama.com.

Students do not need to sign up for Session 1 in order to participate in Session 2. Each session of classes will include different theater games, activities and curriculum. New and returning students are welcome at each session!

Session 1

Meets: Tuesdays
Dates: January 30 - March 19
Time: 5:45 - 6:45 PM
Cost: \$127
LOC: West Middle School Cafetorium
Enter through main entrance
INS: Character Kids Staff

Session 2

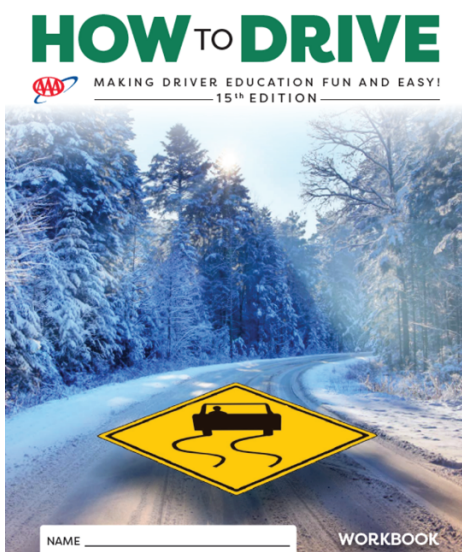
Meets: Tuesdays
Dates: April 9 - May 28
Time: 5:45 - 6:45 PM
Cost: \$127
LOC: West Middle School Cafetorium
Enter through main entrance
INS: Character Kids Staff



Drivers Education

Ages 15 & Up

Students receive 35 hours of classroom instruction and 6 hours behind-the-wheel driving time with an instructor. Drive time will be scheduled individually. Students need to be at least 15 years old when classroom instruction starts. Instructors are certified by both D.O.T. and D.P.I. For virtual lessons: students are to register for the class using their ocfsd.org email address and watch for messages from instructors on next steps. Students without a district email are to contact the OCR office after registration for next steps.



Meets: Tuesday & Thursday (In-Person)
Dates: January 23 - March 14
(No class on 2/22)
Temp test is March 14
Time: 3:00 - 5:20 PM
Cost: \$425
LOC: OCHS - Room #205

Meets: Virtual
Dates: Starts January 23
In-person Temp test is March 14
Cost: \$425

Meets: Tuesday & Thursday (In-Person)
Dates: April 9 - May 30
Temp test is May 30
Time: 3:00 - 5:20 PM
Cost: \$425
LOC: OCHS - Room #205

Meets: Virtual
Dates: Starts April 9
In-person Temp test is May 30
Cost: \$425

Note: Drivers Education Behind-The-Wheel Cancellation/No Show. We require at least 24 hours advance notice for behind-the-wheel appointment cancellation. Cancellations with less than 24 hours notice may incur a same-day cancellation fee. Contact instructor directly to inform of cancellation. No further driving time will be scheduled until fee is paid.

Digital Photography

Ages 8 - 13
(6 Weeks)

Students will learn about exposure, composition and how to use their camera to get great photos in this fun class. Participants will take home a photo ID badge and receive a link to a digital photo album of their best images.

Each student must bring their own digital camera with memory card. A digital camera is preferred, however a phone camera may be used if necessary.

If you do not have a camera and are looking to purchase, we recommend the Kodak PIXPRO Friendly zoom FX55 Digital Camera and a 32GB Memory Card.

Session 1

Meets: Wednesdays
Dates: March 6 - April 17
No class on 3/27
Time: 5:00 - 6:00 PM
Cost: \$55

Session 2

Meets: Wednesdays
Dates: April 24 - May 29
Time: 5:00 - 6:00 PM
Cost: \$55

INS: Heather Fradkin Photography
LOC: Edgewood Elementary
8545 S Shepard Ave
RM 114 - Enter main entrance

Babysitting Class

Ages 11 - 16

Students will learn everything they need to become a responsible babysitter. Class will cover how to respond to emergencies, first aid, and other appropriate care. Learn to make decisions under pressure, recognize safety issues, and care for infants including: bottle feeding, spoon feeding and diapering. Bring a snack, brown bag lunch and water bottle to class.

Session 1:

Meets: Friday
Dates: January 26
Time: 9:00 - 3:30 PM
Bring Lunch & Snack

Session 2:

Meets: Friday
Date: March 8
Time: 9:00 - 3:30 PM
Bring Lunch & Snack

Session 3:

Meets: Saturday
Dates: May 18
Time: 9:00 - 3:30 PM
Bring Lunch & Snack

Cost: \$75
INS: Caleb Rivera
LOC: District Office
7630 S 10th Street



Forte Youth Middle School Theatre Workshop

Grades 6 - 8
(8 weeks)

Join Forte Youth Productions for a Theatre Workshop at West Middle School! In this after school class, students will focus on acting, vocal production and theatre skills through improvisation, theatre games, and scene work. No experience required. Parents are invited to attend a special showcase at the end of each session. Learn more at www.fortetheatrecompany.org/youth-theatre-workshop

Session 1

Meets: Tuesdays
Dates: January 30 - March 19
Time: 3:45 - 5:00 PM
Cost: \$127
LOC: West Middle School Cafetorium
Enter through main entrance
INS: Character Kids Staff

Session 2

Meets: Tuesdays
Dates: April 9 - May 28
Time: 3:45 - 5:00 PM
Cost: \$127
LOC: West Middle School Cafetorium
Enter through main entrance
INS: Character Kids Staff



Archery

Ages 8 - Adult

Beginner/casual archery is a five-week course where instruction will be given to beginners and those wanting to improve their archery skills. All safety rules will be explained and enforced throughout classes. Children under 16 must have a parent or guardian present. Those without archery equipment may rent and be charged an additional fee for the provided equipment. Please note that the rental equipment may be shared with others in class. No crossbows or broadhead arrows are permitted.

Meets: Wednesdays
Dates: April 24 - May 22
Time: 5:00 - 7:00 PM
Cost: \$45 - with own equipment
\$55 - with rental equipment
INS: Archery Staff, Schultz Gun Club
LOC: Schultz Rod and Gun Club
W146 S8025 Schultz Lane
Muskego, WI



Register online at: www.ocfsd.org/ocr | 17

STUDENT SPORTS & WELLNESS

SPORTS & WELLNESS



Cheer

Grades K - 1
(6 Weeks)

OCR is proud to offer a fun and exciting cheerleading class for beginners. Coaches will teach the fundamentals of cheer through a variety of activities. We will focus on the elements of motions, jumps, and dance routines. Cheerleaders will perform one full routine on the last class.

Session 1

Meets: Tuesdays
Dates: January 9 - February 13
Time: 6:00 PM - 6:45 PM
Cost: \$45 per session

Session 2

Meets: Tuesdays
Dates: February 20 - April 2
No class 3/26
Time: 6:00 PM - 6:45 PM
Cost: \$45 per session

Session 3

Meets: Tuesdays
Dates: April 16 - May 21
Time: 6:00 PM - 6:45 PM
Cost: \$45 per session

INS: Emily Witt & Megan Novak
LOC: Shepard Hills Elementary Gym
9701 S Shepard Ave
Enter Door # 8

Weight Training for 7 & 8

Grades 7 - 8

Athletes will be introduced to weight training techniques with emphasis on the mechanics of lifting and correct form. This program will be the foundation for all weight training done at the High School level.

Meets: Tuesdays & Thursdays
Dates: January 30 - April 25
No class 3/26 or 3/28
Time: 5:00 - 6:00 PM **OR** 5:30 - 6:30 PM
Cost: \$38

INS: Greg Wisialowski, Eric Sego & Joel Paar
LOC: Oak Creek High School
Weight Room
Enter Door #18



Hot Shots

Grades K - 1
(6 Weeks)

Basic skills of ball handling, footwork, and shooting will be covered. Game rules will be introduced with game play the last two sessions.

Registration Deadline is April 6

Grade K

Meets: Saturdays
Dates: April 13 - May 18
Time: 10:00 - 10:45 AM
Cost: \$45

Grade 1

Meets: Saturdays
Dates: April 13 - May 18
Time: 11:00 - 11:45 AM
Cost: \$45

LOC: Forest Ridge Gym
2200 W Drexel Ave
Enter Door #6



Volleyball League

Grades 4 - 8
(6 Weeks)

Bump, set, and spike your way to fun in our coed volleyball league. Players will have the opportunity to learn basic volleyball fundamentals such as serving, bumping, setting, hitting, blocking, and digging in a fun and positive environment with a focus on sportsmanship. Participants will have one weeknight practice with Saturday game days.

Registration Deadline March 12
Assessment Date: March 13
Grade 4 - 5 time: 6:00 - 7:00 PM
Grades 6 - 8 time: 7:00 - 8:00 PM

Teams assignments, practices times, and game schedules will be out by March 18. Practices will begin the week of April 1. Games will begin on April 13 and end May 18.

Cost: \$70
LOC: East Middle School
Enter door #7
Enter through the Gymnasium Entrance

Tumbling

Grades K - 3
(6 Weeks)

This class teaches the foundations of tumbling and acro. Students will work on developing coordination, balance, strength and flexibility. Class will focus on acro based skills including rolls, cartwheels, handstands, and backbends. Safety is our top priority. Appropriate pace through the progressions will be strongly upheld.

Grades K - 1

Session 1

Meets: Mondays
Dates: January 8 - February 12
Time: 5:30 - 6:15 PM

Session 2

Meets: Mondays
Dates: February 19 - April 1
No class 3/25
Time: 5:30 - 6:15 PM

Session 3

Meets: Mondays
Dates: April 15 - May 20
Time: 5:30 - 6:15 PM

Grades 2 - 3

Session 1

Meets: Mondays
Dates: January 8 - February 12
Time: 6:30 - 7:15 PM

Session 2

Meets: Mondays
Dates: February 19 - April 1
No class 3/25
Time: 6:30 - 7:15 PM

Session 3

Meets: Mondays
Dates: April 15 - May 20
Time: 6:30 - 7:15 PM

Cost: \$40 per session
INS: Megan Novak
LOC: Shepard Hills Gym
Enter Door #8

STUDENT SPORTS & WELLNESS

SPORTS & WELLNESS

Tae Kwon Do Kids, Adults, Families

Grade 1 - Adult
White Belt/ Beginner

We encourage parents to join their children in classes that are fun for the whole family! Tae Kwon Do is the way of developing our bodies and our minds. Tae Kwon Do is a Korean martial art and sport that teaches kicking, punching, self-defense, balance, respect, and humility.

Session 1

Meets: Thursdays
Dates: January 11 - February 22
No class 2/8
Time: 6:40 - 7:10 PM
Cost: \$40 per session

Session 2

Meets: Thursdays
Dates: February 29 - April 11
No class 3/28
Time: 6:40 - 7:10 PM
Cost: \$40 per session

Session 3

Meets: Thursdays
Dates: April 18 - May 23
Time: 6:40 - 7:10 PM
Cost: \$40 per session

INS: Nick Schwichtenberg
3rd Dan (Degree)
Kukkiwon-Certified Black Belt
LOC: Shepard Hills Cafeteria
Enter Door #8

Tae Kwon Do Intermediate - Advanced

Grade 1 - Adult
High White Belt through Black Belt

This class is for all students who are high white belt or higher. Tae Kwon Do is the way of developing our bodies and our minds. Tae Kwon Do is a Korean martial art and sport that teaches kicking, punching, self-defense, balance, respect, and humility. We will help continue your Tae Kwon Do journey to becoming a black belt.

Session 1

Meets: Thursdays
Dates: January 11 - February 22
No class 2/8
Time: 7:20 - 8:20 PM
Cost: \$40 per session

Session 2

Meets: Thursdays
Dates: February 29 - April 11
No class 3/28
Time: 7:20 - 8:20 PM
Cost: \$40 per session

Session 3

Meets: Thursdays
Dates: April 18 - May 23
Time: 7:20 - 8:20 PM
Cost: \$40 per session
INS: Nick Schwichtenberg
3rd Dan (Degree)
Kukkiwon-Certified Black Belt
LOC: Shepard Hills Cafeteria
Enter Door #8



Skyhawk Track & Field

Ages 5 - 12
(4 Weeks)

Skyhawks Track & Field combines technical development, fundamental techniques, and safety with a major focus on fun! Using special equipment, our staff teaches exercises and drills that prepare athletes for a future of track & field events and cross-country while inspiring a love for running and being active. Participants put it all together for one fun-filled day at the Skyhawks track meet!

Ages 5 - 7

Meets: Sundays
Dates: March 24 - April 21
No class on 3/31
Time: 1:00 - 2:00 PM
Cost: \$58

Ages 8 - 12

Meets: Sundays
Dates: March 24 - April 21
No class on 3/31
Time: 2:10 - 3:10 PM
Cost: \$58
LOC: Deerfield Elementary
3871 E Bluestem Dr
East of school - Field



Skyhawk T-ball

Ages 5 - 7
(4 Weeks)

Learn the fundamentals of fielding, catching, throwing, hitting, and base running in a fun, positive environment. Athletes learn new baseball skills along with vital life lessons such as respect, teamwork, and responsibility. Kids will have the option of using the tee or coach pitch.

Meets: Sundays
Dates: May 5 - May 26
Time: 2:20 - 3:20 PM
Cost: \$58
LOC: Carollton Elementary Field
8965 S Carollton Dr

Tennis Lessons Lifesport Tennis Club

Ages 5 - 14

Tennis - "The Sport of a Lifetime" - a fun and healthy activity that will benefit your child at any age. Let experienced tennis professionals plan the development pathway to your child's tennis success. Focuses on fun while building technical and competitive skills and encouraging social interaction. Your child benefits from personalized attention in a professional atmosphere where strengths and goals are maximized.

Session 1

Meets: Sundays
Dates: January 21 - February 25
Time: 12:00 - 1:00 PM Ages 5 - 8
1:00 - 2:00 PM Ages 9 - 10
2:00 - 3:00 PM Ages 11-14
Cost: \$85

Session 3

Meets: Sundays
Dates: April 21 - May 26
Time: 12:00 - 1:00 PM Ages 5 - 8
1:00 - 2:00 PM Ages 9 - 10
2:00 - 3:00 PM Ages 11-14
Cost: \$85

Session 2

Meets: Sundays
Dates: March 3 - April 14
No class on 3/31
Time: 12:00 - 1:00 PM Ages 5 - 8
1:00 - 2:00 PM Ages 9 - 10
2:00 - 3:00 PM Ages 11-14
Cost: \$85

All Lifesport tennis lessons will be held at
5100 Briarwood Lane, Racine WI 53402
262-639-6100

Register online at: www.ocfsd.org/ocr | 19

STUDENT SPORTS & WELLNESS

SPORTS & WELLNESS

Skyhawk - Floor Hockey

Ages 5 - 10
(4 Weeks)

This fun, skill-intensive program is designed for the beginning player. Using our progression-based curriculum, our staff focus on stick handling, shooting, and passing while developing the whole player.

Ages 5 - 7
Meets: Wednesdays
Dates: February 14 - March 6
Time: 5:55 - 6:40 PM
Cost: \$50

Ages 8 - 10
Meets: Wednesdays
Dates: February 14 - March 6
Time: 6:50 - 7:50 PM
Cost: \$58

INS: Skyhawk Staff
LOC: Carrollton Elementary Gym
8965 S Carrollton Dr
Enter Door #4

Skyhawk - Beginning Golf

Ages 5 - 8
(4 Weeks)

Campers will learn the fundamentals of swinging, putting, chipping, and body positioning. Using the SNAG (Starting New at Golf) system, we have simplified instruction so young players may make an effective transition onto the golf course. All equipment will be provided.

Ages 5 & 6
Meets: Wednesdays
Dates: March 20 - April 10
Time: 5:00 - 6:00 PM
Cost: \$58

Ages 7 & 8
Meets: Wednesdays
Dates: March 20 - April 10
Time: 6:10 - 7:10 PM
Cost: \$58

LOC: Forest Ridge Elementary
2200 W Drexel Ave
Front of school

Skyhawk - Flag Football

Ages 5 - 12
(4 Weeks)

Players learn basic skills and play "just for fun" scrimmages. Rules and proper play are introduced and everyone gets an equal chance to play. Fun, learning and sportsmanship are stressed at all times.

Ages 5 - 7
Meets: Sundays
Dates: February 18 - March 10
Time: 2:20 - 3:20 PM
Cost: \$58

Ages 8 - 12
Meets: Sundays
Dates: February 18 - March 10
Time: 3:30 - 4:30 PM
Cost: \$58

LOC: Carrollton Elementary Gym
8965 S Carrollton Dr
Enter Door #4

Skyhawk - Basketball

Ages 5 - 8
(4 Weeks)

This fun, skill-intensive program is designed for beginning to intermediate players. An active week of passing, shooting, dribbling, and rebounding makes this one of our most popular programs.

Meets: Wednesdays
Dates: January 10 - January 31
Time: 6:50 - 7:50 PM
Cost: \$58
LOC: Forest Ridge Elementary Gym
2200 W Drexel Ave
Enter Door #6

Skyhawk - Volleyball

Ages 6 - 12
(4 Weeks)

All aspects of volleyball are taught through drills and exercises that focus on passing, setting, hitting, and serving. This co-ed program is designed for the beginning and intermediate player. Our staff will assist campers in developing fundamental skills through game-speed drills and daily games aimed at developing the whole player.

Ages 6 - 8
Meets: Sundays
Dates: January 14 - February 4
Time: 1:55 - 2:55 PM
Cost: \$58

Ages 9 - 12
Meets: Sundays
Dates: January 14 - February 4
Time: 3:05 - 4:05 PM
Cost: \$58

LOC: Carrollton Elementary Gym
8965 S Carrollton Dr
Enter Door #4



Skyhawk Volleykats

Ages 4 - 6
(4 Weeks)

A great way to learn the signature sport of the summer! One of the more difficult motor skills to grasp for children, these forgiving classes help them to learn to bump, set, and spike as well as developing agility, reaction, speed, and teamwork.

Meets: Sundays
Dates: January 14 - February 4
Time: 1:00 - 1:45 PM
Cost: \$50
LOC: Carrollton Elementary Gym
8965 S Carrollton Dr
Enter Door #4

ADULT ENRICHMENT

ADULT ENRICHMENT

Skyhawk - Baseball

Ages 8 - 12
(4 Weeks)

Learn the fundamentals of fielding, catching, throwing, hitting, and base running in a fun, positive environment. Athletes learn new baseball skills along with vital life lessons such as respect, teamwork, and responsibility.

Meets: Sundays
Dates: May 5 - May 26
Time: 3:30 - 4:30 PM
Cost: \$58
LOC: Carrollton Elementary Field
8965 S Carrollton Dr
Oak Creek, WI 53154

Old Family Photos

Ages 18 +

Your old family photo prints and slides can be converted to digital picture files - whether you have a computer or not - for a multitude of digital uses and sharing. This two-hour seminar covers scanning prints and slides, workflow, and how to get and stay organized. Information on computer use for Windows PC computers.

Meets: Wednesday
Dates: January 24
Time: 6:30 - 8:30 PM
Cost: \$22
INS: C.T. Kruger
LOC: District Office

Cutting the Cord Controlling Cable & Internet Costs

Ages 18 +

Fees for cable television, home internet, smartphones and streaming services can quickly add up to hundreds of dollars. This seminar reviews your options to cut costs and still watch television programs and have internet access on your devices.

Meets: Wednesday
Dates: February 7
Time: 6:30 - 8:30 PM
Cost: \$22
INS: C.T. Kruger
LOC: District Office

The Camera in Your Smartphone

Ages 18 +

It's a camera, it's a photo album, it's a television - it's your phone. Learn about apps, tips, tricks and limitations for pictures and video from iPhone and Android smartphones and tablets. This class will cover your device's camera, home and Cloud storage options, printing and more.

Meets: Wednesday
Dates: February 21
Time: 6:30 - 8:30 PM
Cost: \$22
INS: C.T. Kruger
LOC: District Office

You Have Pictures in Your Camera

Ages 18 +

We have hundreds - if not thousands - of pictures in our cameras, smartphones and computers. Now what...? This two-hour seminar teaches techniques to save pictures from cameras and smartphones to a computer, to external devices and to "the Cloud" using Windows 10 PCs.

Meets: Wednesday
Dates: February 28
Time: 6:30 - 8:30 PM
Cost: \$22
INS: C.T. Kruger
LOC: District Office

iPhone/iPad Tips, Tricks & Techniques

Ages 18 +

This hands-on class is specific to Apple iPhone, iPad tablets and iPad Mini devices. Learn tips, tricks and techniques to navigate, organize, backup and add useful apps to your iPhone, iPad or iPad mini device.

Meets: Wednesday
Dates: February 14
Time: 6:30 - 8:30 PM
Cost: \$22
INS: C.T. Kruger
LOC: District Office

Photography Club

Ages 18+

Join us on Fridays to take photos at a variety of places. Meet other photographers and get coaching from the instructor to help you get great photos! Transportation and admission (if applicable) are NOT included.

Meets: Friday
Dates: April 26
Time: 10:00 AM - 1:00 PM
LOC: Milwaukee County Zoo

Meets: Friday
Dates: May 3
Time: 10:00 AM - 1:00 PM
LOC: Cushings Memorial Park

Meets: Friday
Dates: May 10
Time: 10:00 AM - 2:00 PM
LOC: Lake Geneva

Meets: Friday
Dates: May 17
Time: 10:00 AM - 1:00 PM
LOC: Boerner Botanical Gardens

Cost: \$20 per person/ per location
INS: Heather Fradkin Photography

Google For Parents & Guardians

Ages 18 +
(4 Classes)

This hands-on class is specific to Chromebooks, but can be used on a PC using Google Chrome. Each student will receive a Google Chromebook to use in the class with the option to purchase. We will cover Chromebook basics, Go Guardian, Infinite Campus, Google Classroom, Google Docs, Sheets, Slides and Drive.

Meets: Mondays & Wednesdays
Dates: March 11 - March 20
Time: 6:00 - 8:00 PM
Cost: \$40 without Chromebook
\$110 with Chromebook
INS: Joseph Schoen
LOC: District Office

Special Note - Chromebook is NOT new. They are refurbished student chromebooks with a one year warranty.

Register online at: www.ocfsd.org/ocr | 21

ADULT ENRICHMENT

ADULT ENRICHMENT

Makers Moments

Ages 18 +
(1 Day Classes)

Makers Moments will be a creative class each Monday with different projects each week.

Etch Mug

Meets: Monday
Dates: January 15
Time: 6:30 - 8:30 PM
Cost: \$25

Porch Sign

Meets: Monday
Dates: February 26
Time: 6:30 - 8:30 PM
Cost: \$25

Door Mat

Meets: Monday
Dates: March 25
Time: 6:30 - 8:30 PM
Cost: \$25

Spring Sign

Meets: Monday
Dates: April 15
Time: 6:30 - 8:30 PM
Cost: \$25

All classes will be held at:
Parkway Life Center
Room 116
10940 S Nicholson Rd

NEW

Mixed Media Art

Ages 18+

In this class we will be learning how to successfully combine a variety of different art mediums into each piece of art that we create. We will be using both 2-D and 3-D techniques to enhance our artwork. This class is a fun and engaging way to learn about collage, various painting techniques, printmaking and some sculpture all in one class! Projects include a self-portrait collage, mono prints with various themes and art mask. A supply list will be included on your registration receipt.

Meets: Thursdays
Dates: January 18 - March 14
Time: 6:30 PM - 8:30 PM
Cost: \$58
INS: Diane Ulezski
LOC: District Office

Gluten-Free Baking Classes

Ages 18 +
(1 Day Classes)

Join Christie Mike, owner of Devour Gluten Free, for hands-on gluten free baking classes. Christie has over 20 years of pastry experience working in some of the top restaurants in the Milwaukee area and has spent the last 10 years creating her specially designed gluten free blends to make delicious treats your whole family will love. We will be using Devour Gluten Free baking mixes and blends for all the classes. Get ready to devour gluten free baking! Each class is hands-on, all supplies and products will be provided, along with step by step instructions and you will get to enjoy samples of the finished product and leave with items to finish and enjoy at home. All supplies and equipment provided are 100% gluten free. The kitchen used is a shared school kitchen. The oven used for baking is 100% gluten free, the tables will be covered in plastic wrap to ensure no cross contamination from school use items.

Pizza and Garlic Bread

Quick and easy on busy nights
Meets: Wednesday
Dates: January 10
Cost: \$40

Scones and Biscuits

Meets: Wednesday
Dates: January 17
Cost: \$40

Chocolate Mousse and Chocolate Truffles

Get ready for Valentines day
Meets: Wednesday
Dates: February 7
Cost: \$40

Basics of Gluten-Free Bread Making

Meets: Wednesday
Dates: March 6
Cost: \$40

Pretzels

Meets: Wednesday
Dates: April 10
Cost: \$40

All Class Information

Times: 6:30 - 8:30 PM
INS: Christie Mike
LOC: Forest Ridge Cafeteria
Enter through main entrance

Watercolor 1

Ages 18+
(6 Weeks)

Have you ever wanted to try watercolor painting but didn't know where to begin? Explore the beauty of this incredible medium. You will develop skills starting with basic color mixing, learn about color theory and art elements. The class will include demonstrations and individual guidance. Images will be provided so you can follow along with using them in the classroom and later apply them to your own reference paintings. A supply list will be included on your registration receipt.

Meets: Tuesdays
Dates: March 5 - April 9
Time: 5:30 - 8:00 PM
Cost: \$60
INS: Joyce Eesley
LOC: District Office

Advanced Watercolor

Ages 18+
(6 Weeks)

This watercolor class is geared to the inexperienced as well as students who took Watercolor I class. The instructor will meet you at your level of watercolor painting knowledge. It will include a variety of materials, techniques and demonstrations that you can later apply to your paintings using your own reference images. Images will be provided so you can learn the techniques demonstrated. A supply list will be included on your registration receipt.

Meets: Tuesdays
Dates: April 16 - May 21
Time: 5:30 - 8:00 PM
Cost: \$60
INS: Joyce Eesley
LOC: District Office

ADULT ENRICHMENT

ADULT ENRICHMENT

Join Staci Joers of "Cooking with Class" for an evening of food, learning and fun! She has an Associate Degree in the culinary arts and has worked in several prestigious restaurants around the Milwaukee area. She has been hosting cooking classes all over Southeastern WI full time since 2002 and brings a unique blend of humor with tips and tricks to make time in the kitchen more rewarding. Classes are demonstration-style. Enjoy the food throughout the evening and come away with new ideas and tips. All recipes are included.

Asian-Inspired Soups & Sides

Ages 18+

January is National Soup Month and we are celebrating with all new Homemade Soups--with a little twist! Yakamein is a type of beef noodle soup found in many Creole restaurants in New Orleans; it's a traditional hangover cure. Soup dumplings are a hot trend in Asian restaurants. We're going to sample both with some great sides to round out a meal.

- *Yakamein (NOLA sober soup)*
- *Soup Dumplings (xiao long bao)*
- *Crispy Thai spring Rolls with Sweet-n-Sour Sauce*
- *Asian Slaw*

Meets: Wednesday
Dates: January 24
Time: 6:30 - 8:30 PM
Cost: \$27
INS: Cooking with Class - Staci Joers
LOC: West Middle School
Room 171

Death by Dessert

Ages 18+

Love is in the air on Valentine's Day on February 14. Even though we believe that love should be spread and celebrated every day, we don't always remember to do that. So on this dedicated day, go above and beyond in expressing your love for family, friends, and of course, your significant other. And is there any better way to show your love than with a decadent dessert? I think not! So tonight we are going to indulge in sweets that you can make for your sweetie. You'll sample...

- *Grown up Smores with Homemade Bourbon-scented Marshmallows*
- *Banana Ganache Pie*
- *Southern Fried Hand Pies*

Meets: Monday
Dates: February 12
Time: 6:30 - 8:30 PM
Cost: \$27
INS: Cooking with Class - Staci Joers
LOC: West Middle School
Room 171

Spring Brunch

Ages 18+

Check out this new menu that will be perfect for Easter and all of your spring celebrations. Dig into a gooey, crunchy, delicious and indulgent treat from Belgium. The Liège Waffle Is Belgium's traditional Waffle made with a yeast dough and studded with pearl sugar. It's great for breakfast or as a snack anytime. I'll pair it with some great brunch items to start your spring off right. You'll sample...

- *Berry Hibiscus Refresher*
- *Liege waffles*
- *Fresh fruit with Homemade Granola and Creamsicle yogurt*
- *Homemade Breakfast sausage*

Meets: Tuesday
Dates: March 12
Time: 6:30 - 8:30 PM
Cost: \$27
INS: Cooking with Class
Staci Joers
LOC: West Middle School

Southern Charm

Ages 18+

The Historic 150th Running of The Kentucky Derby "Run for the Roses" on Saturday, May 4, 2024. Can't make it?!? Well, have a Derby Party and try out some of these Southern favorites that will make you feel like you're right there. You'll sample...

- *Old Fashioned Pimento Cheese*
- *Shrimp-n-Grits*
- *Jalapeno Cheddar Cornbread with Hot Honey*
- *Chocolate Pecan Pie with Bourbon Whipped Cream*

Meets: Monday
Dates: April 15
Time: 6:30 - 8:30 PM
Cost: \$27
INS: Cooking with Class - Staci Joers
LOC: West Middle School
Room 171

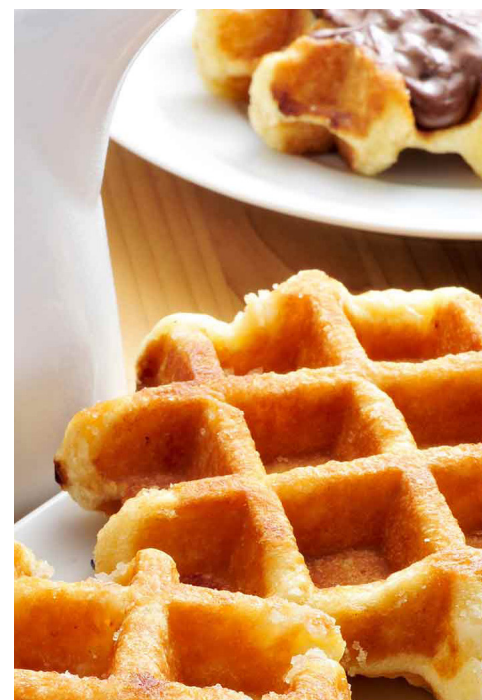
Fiesta Flavors

Ages 18+

It's a menu made for a party! For starters, we'll sample Empanadas with Salsa Verde and then we will enjoy *Birria Tacos*, a dish that hails from the state of Jalisco, Mexico and is a very popular trend in Latin food right now. I'll serve

- *Refried Pinto & Black Beans with Garlic and Jalapenos*
- *Pastel de Elote or Sweet Corn Cake*

Meets: Monday
Dates: May 13
Time: 6:30 - 8:30 PM
Cost: \$27
INS: Cooking with Class - Staci Joers
LOC: West Middle School
Room 171



Register online at: www.ocfsd.org/ocr | 23

ADULT SPORTS & WELLNESS

SPORTS & WELLNESS



Barre

Ages 18+

Have you heard of the latest craze in Fitness? Barre, pronounced bar, fatigues each muscle group via small targeted movements, high reps and low resistance. Sections of class are also paired with stretching to increase overall flexibility. Using heavy duty chairs for balance, this class is designed to boost endurance, improve balance, increase range of motion, promote better posture, and help with weight management. You DO NOT need any dance

background to take this class. Just come excited to try something NEW for YOU!

Session 1:

Meets: Mondays
Dates: January 8 - March 11
Time: 9:30 - 10:30 AM
Cost: \$50

Session 2:

Meets: Wednesdays
Dates: January 10 - March 13
Time: 9:30 - 10:30 AM
Cost: \$50

Session 3:

Meets: Mondays
Dates: April 1 - June 3
No class 5/27
Time: 9:30 - 10:30 AM
Cost: \$45

Session 4:

Meets: Wednesdays
Dates: April 3 - June 5
Time: 9:30 - 10:30 AM
Cost: \$50

INS: Amanda Maughan
LOC: Ben Franklin Elementary
7620 S 83rd Steet Franklin, WI 53132
Room C10



Pound

Ages 18 +

Pound is a cardio conditioning and strength training fitness class with moves inspired from Yoga and Pilates. Using light-weight drumsticks, we will move and groove, let loose and get energized while improving our health. This class is for ANY BODY and can be modified to fit all fitness levels.

NOTE: Rip Stix (weighted pound sticks) will be provided for use. Please bring a water bottle and a yoga mat to each class.

Session 1

Meets: Thursdays
Dates: January 11 - March 7
Time: 6:00 - 7:00 PM
Cost: \$45

Session 2

Meets: Thursdays
Dates: March 21 - May 23
No class 3/28
Time: 6:00 - 7:00 PM
Cost: \$45

INS: Vicky Ossoinik -
Certified Pound Instructor
LOC: Ben Franklin Elementary
7620 S 83rd Steet Franklin, WI 53132
Multi-Purpose Room



Line Dance Fitness

Ages 18 +

Come join us for some fun exercise and learn awesome line dances. You can Wobble, Slide, Hustle, Cha Cha and Tush Push those calories away! No dance experience needed. We will learn these dances as we go. Energy, fun, a bottle of water and your tennis shoes are all you need. Come prepared to have a good time, laugh and love every minute of this cardio class.

This class is designed strictly as a fitness class. It is not intended to teach an array of new dances.

Session 1

Meets: Wednesdays
Dates: January 10 - March 6th
Time: 6:00 - 7:00 PM
Cost: \$45

Session 2

Meets: Wednesdays
Dates: March 20 - May 22
No class on 3/27
Time: 6:00 - 7:00 PM
Cost: \$45

INS: Vicky Francolucci
Certified Fitness Instructor
LOC: Ben Franklin Elementary
7620 S 83rd Steet Franklin, WI 53132
Multi-Purpose Room

ADULT SPORTS & WELLNESS

Beginning/Intermediate Golf Instruction

Adult 18+

Group golf instruction by Teaching Professional Bruce Krajcir. Students will learn proper golf etiquette, set up, swing mechanics, putting, chipping and practical playing advice. Lessons are structured to be inclusive of beginners and recreational golfers. Please bring your clubs to the first lesson. You will need at least one iron for the lessons.

Special Note - Lessons do not include range balls. A fee of \$40 will be due on the first day paid directly to Gastrau's Golf Center.

Session 1

Meets: Tuesdays
Dates: April 16 - May 7
Time: 6:00 - 7:00 PM
Cost: \$35

Session 2

Meets: Tuesdays
Dates: May 14 - June 4
Time: 6:00 - 7:00 PM
Cost: \$35

INS: Bruce Krajcir
LOC: Gastrau's Golf Center
1300 E Rawson Ave



Yoga

Adult 18 +

Beginner to intermediate yoga class for those who seek calm and fitness. Each class will incorporate meditation and each asana practiced is gentle enough for just about anyone yet challenging enough to engage dormant muscles. Unwind and re-center yourself. Yoga mats will not be provided and you must bring your own.

Session 1

Meets: Tuesdays
Dates: January 9 - February 13
Time: 6:30 - 7:15 PM
Cost: \$57

Session 2

Meets: Tuesdays
Dates: April 9 - May 14
Time: 6:30 - 7:15 PM
Cost: \$57

INS: Kristy Yang
LOC: East Middle School Aux Gym
9330 S Shepard Ave
Enter Door #7

Tennis Lessons Lifesport Tennis Club

Ages 15 - Adult

Tennis - "The Sport of a Lifetime" - a fun and healthy activity that will benefit any age. Let experienced tennis professionals plan the development pathway to your tennis success. Focuses on fun while building technical and competitive skills and encouraging social interaction. Benefits from personalized attention in a professional atmosphere where strengths and goals are maximized.

Session 1

Meets: Sundays
Dates: January 21 - February 25
Time: 3:00 - 4:00 PM
Cost: \$85

Session 2

Meets: Sundays
Dates: March 3 - April 14
No class on 3/31
Time: 3:00 - 4:00 PM
Cost: \$85

Session 3

Meets: Sundays
Dates: April 21 - May 26
Time: 3:00 - 4:00 PM
Cost: \$85

All Lifesport tennis lessons will be held at
5100 Briarwood Lane, Racine WI 53402
262-639-6100

SPORTS & WELLNESS

ADULT SPORTS & WELLNESS

SPORTS & WELLNESS

Tae Kwon Do Intermediate - Advanced

Grade 1 - Adult
High White Belt through Black Belt

This class is for all students who are high white belt or higher. Tae Kwon Do is the way of developing our bodies and our minds. Tae Kwon Do is a Korean martial art and sport that teaches kicking, punching, self-defense, balance, respect, and humility. In this class, we will help continue your Tae Kwon Do journey down the road to becoming a black belt with more technical skills.

Session 1

Meets: Thursdays
Dates: January 11 - February 22
No class 2/8
Time: 7:20 - 8:20 PM

Session 2

Meets: Thursdays
Dates: February 29 - April 11
No class 3/29
Time: 7:20 - 8:20 PM

Session 3

Meets: Thursdays
Dates: April 18 - May 23
Time: 6:40 - 7:10 PM

Cost: \$35 per session
INS: Nick Schwichtenberg
3rd Dan (Degree)
Kukkiwon-Certified Black Belt
LOC: Shepard Hills Cafeteria
9701 S Shepard Hills Dr
Enter Door #8



Tae Kwon Do Kids, Adults, Families

Grade 1 - Adult
White Belt/ Beginner

We encourage parents to join their children in classes that are fun for the whole family! Tae Kwon Do is the way of developing our bodies and our minds. Tae Kwon Do is a Korean martial art and sport that teaches kicking, punching, self-defense, balance, respect, and humility.

Session 1

Meets: Thursdays
Dates: January 11 - February 22
No class 2/8
Time: 6:40 - 7:10 PM

Session 2

Meets: Thursdays
Dates: February 29 - April 11
No class 3/29
Time: 6:40 - 7:10 PM

Session 3

Meets: Thursdays
Dates: April 18 - May 23
Time: 6:40 - 7:10 PM

Cost: \$35 per session
INS: Nick Schwichtenberg
LOC: Shepard Hills Cafeteria
9701 S Shepard Hills Dr
Enter Door #8



Archery

Ages 8 - Adult

Beginner/casual archery is a five-week course where instruction will be given to beginners and those wanting to improve their archery skills. All safety rules will be explained and enforced throughout classes. Children under 16 must have a parent or guardian present. Those without archery equipment can rent and will be charged an additional fee for the provided equipment. Please note that the rental equipment may be shared with others in class. No crossbows or broad head arrows are permitted.

Meets: Wednesdays
Dates: April 24 - May 22
Time: 5:00 - 7:00 PM
Cost: \$45 - with own equipment
\$55 - with rental equipment
INS: Archery Staff, Schultz Gun Club
LOC: Schultz Rod and Gun Club
W146 S8025 Schultz Lane
Muskego, WI



OAK CREEK
— WISCONSIN —

Preventing Falls with Stepping On

Ages 50 +

If you're like most people, you're careful about avoiding a fall. But there are some factors you may not be aware of that can influence your fall risk. The Stepping On class addresses those factors and provides you with the information and strategies you need to avoid a fall.

In Stepping On workshops, trained leaders coach you to recognize your risk of falling. You'll learn how to build and maintain the physical strength and balance needed to walk confidently. From footwear to prescriptions, you'll learn what increases your risk of a fall, how to avoid it, and make an individualized action plan to stay on your feet and live life the way you want.

Stepping On is an evidence-based falls prevention program that meets 2 hours per week for 7 weeks. The workshop brings together the life experience of its participants and the expertise of community professionals. Physical therapists, pharmacists and other experts help the group adapt fall prevention practices for individual needs and levels.

Meets: Wednesdays
Dates: April 10 - May 22
Time: 1:00 - 3:00 PM
Cost: FREE
INS: Health Department Staff
LOC: OC Civic Center

Call the Health Department at (414)-766-7950 for more information or to register.

**Stepping
On**

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Forever Young Club

Ages 50 and better!

This social group is designed for community members 50+. Monday Card & Game Social is held from 9:00 - 2:30 PM at Oak Creek City Hall offering members refreshments, social time and an optional lunch. Some events and activities are offered to members at no cost. Membership registration is available online or on site at the Card & Game Social on Mondays. Non-FYC guests are welcome to attend two events each year.

Membership benefits include:

- Annual membership fee \$10.00 (July 1 - June 30)
- Member only FREE and discounted events
- Monday card socials
- Trips
- Enjoy an active social life and make new friends

Register online or stop by or call the OCR Department (414) 768-6166

Card & Game Social

Ages 50+

Meets: Mondays
Dates: Year Round
Time: 9:00 - 2:30 PM
Cost: FREE for FYC Members
LOC: Oak Creek City Hall
Multi-Purpose Room

Pins & Needles

Ages 50 +

Enjoy conversation and needle crafts? Join us for both! Bring your own supplies and crochet, knit or do some needle work. Beginners welcome.

Meets: 1st & 3rd Thursday of the Month
Time: 12:30 - 2:30 PM
Cost: FREE for FYC Members
LOC: Oak Creek Civic Center (Tower Room)



Google for Seniors

**Ages 50 +
(4 Classes)**

We are going to learn about a variety of Google topics as well as the hardware in this four-day hands-on class. These classes are designed with you in mind. All instructions are in layman's terms with detailed handouts with step-by-step instruction. Each student will receive a Google Chromebook to use in the class with the option to purchase at a significantly reduced rate. We will cover how to use the Chromebook, Google Chrome, Google Search, Gmail, Google Calendar and more.

Meets: Mondays and Wednesdays
Dates: January 22 - January 31
Time: 9:30 AM - 11:30 AM

OR

Meets: Tuesdays and Thursdays
Dates: February 13 - February 22
Time: 9:30 AM - 11:30 PM

Cost: \$40 for FYC Members
\$110 for FYC Members w/Chromebook
\$60 for Non-Members
\$130 for Non-Members w/Chromebook

INS: Joseph Schoen
LOC: Parkway Life Center
Banquet Room
10940 S Nicholson Rd

Special Note - Chromebook is NOT new. They are refurbished student chromebooks with a one year warranty.



Tech Talk Fridays with Coffee!

Ages 50 +

Let's talk, in layman's terms, technology while enjoying a cup of coffee. Each month, we will talk about a different topic and have a question/answer time towards the end of class. Let's keep learning!

Meets: Fridays
Dates: January 19 - Streaming Services
February 16 - Digital Security Part 1
March 15 - Digital Security Part 2
April 19 - All Things Google
May 17 - Social Media

Time: 10:00 AM - 12:00 PM
Cost: \$10 each for FYC Members
\$40 for all 5 dates for FYC Members
\$15 each for Non-Members

INS: Joseph Schoen
LOC: Parkway Life Center
Banquet Room
10940 S Nicholson Rd

ACTIVE ADULT

ACTIVE ADULT



Gentle Yoga/Qigong

Ages 50 +
(7 Weeks)

Want to fend off anxiety, depression, and brain fog, while improving cardiovascular, bone health, and mental clarity??? Come and enjoy the gentle flowing moves of Qigong, (ancient Chinese system of coordinated movement, breathing and meditation) AND simple seated/standing Yoga postures. These combined will gently tone the muscles, improve balance, and enhance mind and body. We will play with some beginner Tai Chi moves as well. Bring water, wear loose clothes and soft, flat shoes. No mat needed. See you there!!!

Session 1

Meets: Mondays
Dates: January 8 - February 19
Time: 9:00 - 10:00 AM
Cost: \$60

Session 2

Meets: Mondays
Dates: March 4 - April 22
No class 3/25
Time: 9:00 - 10:00 AM
Cost: \$60
INS: Cathy Stocker
LOC: Parkway Life Center
Room 110
10940 S Nicholson Rd



Gentle Yoga/Qigong with Tai Chi Movement Intro.

Ages 50 +
(7 Weeks)

Start getting back into shape with the gentle flowing moves of Qigong, (ancient Chinese system of coordinated movement, breathing and meditation) AND simple seated/standing Yoga postures. These combinations will gently tone the muscles, improve balance, and enhance mind and body. Bring water, no mat needed.

Session 1

Meets: Wednesdays
Dates: January 10 - February 21
Time: 9:00 - 10:00 AM
Cost: \$60

Session 2

Meets: Wednesdays
Dates: March 6 - April 24
No class 3/27
Time: 9:00 - 10:00 AM
Cost: \$60
INS: Cathy Stocker
LOC: Parkway Life Center
Room 110
10940 S Nicholson Rd



Gentle Yoga/Qigong and Meditation

Ages 50 +
(7 Weeks)

This class has everything the Gentle Yoga/Qigong class has except it will be **slightly easier** for people with balance challenges or limitations. Chair and some standing with relaxation/meditation at the end. Melt away the stress!

Session 1

Meets: Mondays
Dates: January 8 - February 19
Time: 10:15 - 11:15 AM
Cost: \$60

Session 2

Meets: Mondays
Dates: March 4 - April 22
No class 3/25
Time: 10:15 - 11:15 AM
Cost: \$60
INS: Cathy Stocker
LOC: Parkway Life Center
Room 110
10940 S Nicholson Rd



Keeping in Motion offers quality service to help increase your health & fitness to benefit your daily living.

Brandi Carson

CPT/LPTA/CPR

keepinginmotionllc@gmail.com

(262)293-6828

**Give us a CALL for a FREE
30 min consultation!**



Elderly In Home Personal Training

Is your **STRENGTH** declining?

Is it **DIFFICULT** to get around?

Do you get **SHORT** of breath?

Do you **LOSE** your balance?

Do you need help following through with an established
EXERCISE PROGRAM from a physical therapist?

Beginning/Intermediate Golf Instruction

Ages 50 +

What a great day to play golf! Group golf instruction by Teaching Professional Bruce Krajcir. Students will learn proper golf etiquette, stretching, set up, swing mechanics, putting, chipping and practical playing advice. Lessons are structured to be inclusive of beginners and recreational golfers. Please bring your clubs to the first lesson. You will need at least one iron for the lessons.

Special Note - Lessons do not include range balls. A fee of \$40 will be due on the first day paid directly to Gastrau's Golf Center.

Session 1

Meets: Wednesdays
Dates: April 17 - May 8
Time: 10:00 - 11:00 AM
Cost: \$35

Session 2

Meets: Wednesdays
Dates: May 15 - June 5
Time: 10:00 - 11:00 AM
Cost: \$35

INS: Bruce Krajcir
LOC: Gastrau's Golf Center
1300 E Rawson Ave

Latin Dance Sampler

Ages 50 +
(8 Week)

Come ready to learn the basic steps and rhythms of this Latin Dance. We will introduce you to Salsa, Merengue, and Bachata! No partner necessary. All ability levels are welcome!

Session 1

Meets: Wednesdays
Dates: January 17 - March 6
Time: 10:00 - 11:00 AM
Cost: \$70

Session 2

Meets: Wednesdays
Dates: April 3 - May 22
Time: 10:00 - 11:00 AM
Cost: \$70

INS: Rosalita Villa
LOC: Parkway Life Center Gym
10940 S Nicholson Rd

Balance & Strength in the Elderly

Ages 50 +

Exercise for strengthening and balance to keep you safe in your home. Will show you exercises to improve your strength and balance. Class will educate you on things that will improve your balance in your home and ways to improve your safety. Handouts of balance and strengthening exercises will be provided.

Session 1

Meets: Saturday
Dates: April 6
Time: 8:30 - 9:30 AM
Cost: \$15
INS: Brandi Carson
CPT/ LPTA / CPR
LOC: District Office
7630 S 10th St
Board Room

Low Impact Cardio

Ages 50 +
(7 Weeks)

This class includes EASY, Low Impact Cardio routines, with standing and seated exercise to upbeat music. Soft flowing movements including Qigong and simple Yoga Stretching will be incorporated. This class will improve balance, strength, coordination, and breathing! Class ends with gentle stretching and relaxation. Great for stress relief!

Session 1

Meets: Wednesdays
Dates: January 10 - February 21
Time: 10:15 - 11:15 AM
Cost: \$60

Session 2

Meets: Wednesdays
Dates: March 6 - April 24
No class 3/27
Time: 10:15 - 11:15 AM
Cost: \$60

INS: Cathy Stocker
LOC: Parkway Life Center
Room 110
10940 S Nicholson Rd

Senior Fit

Ages 50 +

This mainly seated full body workout includes: light strength training (utilizing both hand weights and resistance bands), chair exercises, stretching, abdominal exercises, plus, seated and standing leg work. This class is for the mature adult who wants to begin exercising with the added benefit of weights to strengthen muscles and bone. Bring a water bottle to class to stay hydrated. All other equipment is provided.

Session 1

Meets: Tuesdays & Thursdays
Dates: January 9 - February 22
Time: 10:00 - 10:45 AM
Cost: \$37

OR

Meets: Tuesdays & Thursdays
Dates: January 9 - February 22
Time: 11:00 - 11:45 AM
Cost: \$37

Session 2

Meets: Tuesdays & Thursdays
Dates: March 5 - April 18
Time: 10:00 - 10:45 AM
Cost: \$37

OR

Meets: Tuesdays & Thursdays
Dates: March 5 - April 18
Time: 11:00 - 11:45 AM
Cost: \$37

Session 3

Meets: Tuesdays & Thursdays
Dates: April 23 - June 6
Time: 10:00 - 10:45 AM
Cost: \$37

OR

Meets: Tuesdays & Thursdays
Dates: April 23 - June 6
Time: 11:00 - 11:45 AM
Cost: \$37

INS: Kathy Salm
LOC: Parkway Life Center
Room 110
10940 S Nicholson Rd

ACTIVE ADULT

ACTIVE ADULT

Beginner Pickleball Lessons



Ages 50 +

This class is intended for players learning the game as well as looking to play a more advanced game by getting to the Kitchen. Still learning grips and playing.

Session 1

Meets: Mondays
Dates: January 22 - February 26
Time: 12:00 - 1:30 PM
Cost: \$83

Meets: Tuesdays
Dates: January 23 - February 27
Time: 6:00 - 7:30 PM
Cost: \$83

Meets: Wednesdays
Dates: January 24 - February 28
Time: 12:00 - 1:30 PM
Cost: \$83

Session 2

Meets: Mondays
Dates: March 4 - April 15
No class 4/1
Time: 12:00 - 1:30 PM
Cost: \$83

Meets: Tuesdays
Dates: March 5 - April 16
No class 4/2
Time: 6:00 - 7:30 PM
Cost: \$83

Meets: Wednesdays
Dates: March 6 - April 17
No class 4/3
Time: 12:00 - 1:30 PM
Cost: \$83

Session 3

Meets: Mondays
Dates: April 22 - June 3
No class May 27
Time: 12:00 - 1:30 PM
Cost: \$83

Meets: Tuesdays
Dates: April 23 - May 28
Time: 6:00 - 7:30 PM
Cost: \$83

Meets: Wednesdays
Dates: April 24 - May 29
Time: 12:00 - 1:30 PM
Cost: \$83

Advanced Pickleball Lessons Lifesport Tennis Club



Ages 50 +

Players should have a solid understanding of the game as well as play on a regular basis. These players still struggle on consistency.

Session 1

Meets: Mondays
Dates: January 22 - February 26
Time: 12:00 - 1:30 PM
Cost: \$83

Meets: Tuesdays
Dates: January 23 - February 27
Time: 6:00 - 7:30 PM
Cost: \$83

Meets: Wednesdays
Dates: January 24 - February 28
Time: 12:00 - 1:30 PM
Cost: \$83

Session 2

Meets: Mondays
Dates: March 4 - April 15
No class 4/1
Time: 12:00 - 1:30 PM
Cost: \$83

Meets: Tuesdays
Dates: March 5 - April 16
No class 4/2
Time: 6:00 - 7:30 PM
Cost: \$83

Meets: Wednesdays
Dates: March 6 - April 17
No class 4/3
Time: 12:00 - 1:30 PM
Cost: \$83

Session 3

Meets: Mondays
Dates: April 22 - June 3
No class May 27
Time: 12:00 - 1:30 PM
Cost: \$83

Meets: Tuesdays
Dates: April 23 - May 28
Time: 6:00 - 7:30 PM
Cost: \$83

Meets: Wednesdays
Dates: April 24 - May 29
Time: 12:00 - 1:30 PM
Cost: \$83

All Lifesport tennis & pickleball lessons will be held at:
5100 Briarwood Lane,
Racine WI 53402
262-639-6100



Makers Moments

Ages 50 +
(1 Day Classes)

Makers Moments will be a creative class each Monday with different projects each week.

Etch Mug

Meets: Tuesday
Dates: January 16
Time: 10:00 - 12:00 PM
Cost: \$25

Porch Sign

Meets: Tuesday
Dates: February 27
Time: 10:00 - 12:00 PM
Cost: \$25

Door Mat

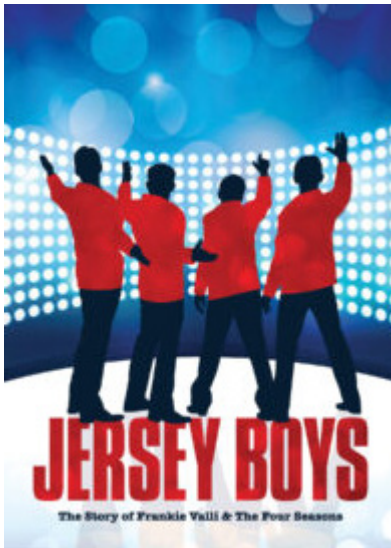
Meets: Tuesday
Dates: March 26
Time: 10:00 - 12:00 PM
Cost: \$25

Spring Sign

Meets: Tuesday
Dates: April 16
Time: 10:00 - 12:00 PM
Cost: \$25



All classes will be held at:
Parkway Life Center
10940 S Nicholson Rd
Room 116



Fireside Theatre Jersey Boys

Ages 50+

With phenomenal music, memorable characters, and great storytelling, JERSEY BOYS follows the fascinating evolution of four blue-collar kids who became one of the greatest successes in pop-music history. Winner of the Tony Award for Best Musical, JERSEY BOYS takes you behind the music of Frankie Valli and The Four Seasons to discover the secret of a 40-year friendship as the foursome work their way from the streets of New Jersey to the heights of stardom. Enjoy electrifying performances of chart-topping hits including "Sherry," "Big Girls Don't Cry," and "My Eyes Adored You," which took The Four Seasons to the Rock 'n' Roll Hall of Fame.

Main Floor Theater Ticket and complete Noon Meal included.

Entree: Loaded Baked Potato Soup, Boneless Pork Ribeye with demi-glaze, Charleston Rice, Jones Sausage, Creamed Sweet Corn, and New York Cheesecake

Registration Deadline is December 18

Meets: Thursday
Date: January 25
Time: 8:30 AM
Return: 6:00 PM (EST)
Cost: \$129

College Ave NE Pick up times: 8:30am and return at 6:00pm

Norwegian Heritage Tour

Ages 50+

Begin this spring adventure setting out to Stoughton located on the banks of the Yahara River and the heart of Southern Wisconsin. Stoughton is the treasure chest of Norwegian Heritage and Victorian architecture. A tour guide will share the story of this unique Community with its charm and heritage.

Stops include touring the restored Opera House and The Norwegian Heritage Center-LIVSREISE which means "Life's Journey" sharing the immigration story with artifacts and exhibits. An authentic Norwegian Luncheon is included and will be served at the Sons of Norway Lodge. The menu includes meatballs, potatoes, vegetable, cucumber salad, bread and Norwegian dessert. After lunch, there will be an informative demonstration of crafts and culture. Shopping time will be offered to explore unique shops along Main Street.

Registration Deadline is March 20

Meets: Wednesday
Date: April 17
Time: 7:45 AM
Return: 5:45 PM (EST)
Cost: \$115

College Ave NE Pick up times: 7:45 AM and return at 5:45 PM

American Place Casino

Ages 50+

Visit a new casino that rocks the boat. The Midwest's newest casino is now open and ready for your visit. Play/M meal Package is to be announced. All times are estimated and subject to change due to circumstances beyond our control. Casinos patrons must have a valid photo I.D. to receive specials and collect jackpots. For winnings over \$1199, casinos require Social Security Card to collect winnings.

Registration Deadline is February 14

Meets: Thursday
Date: March 7
Time: 9:45 AM
Return: 4:00 PM (EST)
Cost: \$43

College Ave NE Pick up times: 9:45 AM and return at 4:00 PM

Racine Theatre Guild - Cabaret

Ages 50+

Willkommen! Bienvenue! Welcome! In 1929 Berlin, the vibrant, fantastical world of the Kit Kat Klub is an escape from the grim reality creeping in outside of its walls. Cliff Bradshaw, an American writer, has arrived in town and is swept up by the club and the one-and-only Sally Bowles. He finds a room at Fraulein Schneider's guest house, a haven for free-spirited singles and as the year unfolds, the beautiful façade cracks as a dark, evil power grows. Will love, loyalty, and humanity have a chance?

Enjoy dinner at Infusino's Italian Restaurant before the show.

Family Style - Includes: salad, bread/butter, mostacoli, meatball and sausage, chicken and italian potatoes, coffee. Other beverages additional \$15.00 ++

Registration Deadline is May 1

Meets: Thursday
Date: May 23
Time: 5:00 PM
Return: 9:45 PM (EST)
Cost: \$65

Depart/Return at District Office
7630 S 10th Street

Milwaukee Art Museum Private Tour

Ages 50+

Enjoy the Milwaukee Art Museum Collection Highlights with a 1-hour private docent tour through the facility.

Followed by an included family style lunch at Transfer Pizza in the Third Ward.

Registration Deadline is February 28

Meets: Thursday
Date: March 7
Time: 9:00 AM
Return: 2:00 PM (EST)
Cost: \$40

Depart/Return at District Office
7630 S 10th Street

REGISTRATION INFORMATION

WAYS TO REGISTER



Register online @ www.ocfsd.org/ocr and left click on OCR, then click on "Register Now". Sign in (don't forget your username and password), find the class you are looking for and pay with debit or credit card.



Register in-person at the District Office. Instructors will not accept registration or payment at the class site.



There is a drop box outside District Office. Use anytime!



Make check or money order payable to OCFS and mail to:

Oak Creek Community Education & Recreation (OCR)
7630 South 10th Street, Oak Creek,
53154

ARE THEY OLD ENOUGH?

Age requirements are as of the date of the first class unless otherwise specified and are designed to provide the best and safest environment for the children. Grade requirements are based on current school grade levels with the exception of summer programming. During summer, grade levels are those the student is entering the next school year.

HOW MUCH IS IT?

Fees and charges are based on the cost of the program. Resident families needing financial assistance for their children to participate in the child care program ASPIRE are encouraged to contact the office at (414) 768 - 6166.

Non-residents, those living outside the city of Oak Creek or those families not in the Oak Creek-Franklin School District will have a non-resident surcharge added at time of check out.

WAITING LISTS

If you are unable to register for a program due to full enrollment capacity, you may request to have your name placed on a waiting list. If any openings become available, we refer to the wait lists FIRST to fill programs.

TRANSFERS AND REFUNDS

Transfers will be made at no charge. Refunds will be made upon request no less than seven (7) days prior to scheduled program start. Refunds are issued based on original payment method. A 10% service fee will be charged on each refund. Avoid the service fee by requesting credit to your OCR account.

CAN I STAY AND WATCH?

Only registered participants are permitted into the facility during instruction. This avoids distractions and interruptions in instruction. Parents are welcome to discuss a child's progress before or after each class.

MAKE UPS AND CANCELLATIONS

Make up for missed classes is not guaranteed nor may participants attend classes other than the one for which they are registered.

Activities cancelled by OCR will be rescheduled whenever if possible. If a class is unable to be rescheduled, no refunds will be issued.

HAVE A CONCERN?

The Oak Creek Community Education and Recreation Department is constantly striving to provide community residents with quality public programming. Our staff are dedicated to providing the quality experience you expect.

If you are not satisfied with the quality of a program, we want to hear your ideas or suggestions on how we can improve. Email h.ryan@ocfsd.org or call (414) 768-6166 to share your ideas.

CAR POOL INFORMATION

What if my child wants to be on the same team or in a class with a friend or sibling?

Siblings who meet the requirements for the same class section, or sports league will be placed together unless otherwise requested in writing by the parent or guardian. Carpool requests may be made in the "special needs" section at time of registration.

ENROLLMENT

Registrations will be processed in the order in which they are received. Enrollment is not guaranteed. Participants must register and pay for classes prior to attending the first session.

CONFIRMATION

Activity confirmations are emailed to the email address given on registration materials. No other confirmation notice will be given. It is your responsibility to inform us of any changes to an email address.

DEADLINES

Registration and cancellations MUST be received seven (7) days prior to the start of each session.

DRIVERS EDUCATION NOTES

Drivers Education Behind-The-Wheel Cancellation/No Show requires at least 24 hours advance notice for behind-the-wheel appointment cancellation. Cancellations with less than 24 hours notice may incur a same-day cancellation fee. Contact instructor directly to inform of cancellation. No further driving time will be scheduled until fee is paid.

WHAT DO THESE SYMBOLS MEAN?



First Time Program has been offered. Give it a try!



A Cooperative program. This program is offered in cooperation with other local recreation departments.



T-Shirt. This program includes a t-shirt in the price. Double check the t-shirt size when registering!



Team Fundraiser. Funds raised from this program are used as a high school team fundraiser.



New Location. This program to a new location. All locations in Oak Creek are listed on the map on the back cover.

REGISTRATION FORM

Participant(s) Name (First and Last)	Date of Birth* (MM/DD/YY)	Grade*	Shirt Size*	School*	Health Alerts

* Complete only if School-aged Participant

* Complete only for sport camps providing t-shirts as part of registration. Indicate Youth (Y) or Adult (A)

Home Address: _____ City: _____ Zip: _____

Phone: _____ Email: _____

Class confirmation will be sent to the email address indicated above. No other confirmation will be given.

[If School-aged Participant:]

Parent/ Guardian 1 Name: _____ Parent/ Guardian 1 Cell: _____

Parent/ Guardian 2 Name: _____ Parent/ Guardian 2 Cell: _____

Emergency Contact Name: _____ Phone: _____

Participant	Class Title	Start Date	Fee**

Families living outside the city of Oak Creek or not in the Oak Creek-Franklin School District are to add \$5 to each program fees.

Club 3:05 Participants: For dismissal after Club 3:05 my child will ☐ Go to ASPIRE ☐ Be Picked Up ☐ Walk Home

Make checks payable to: OCFSD | Mailing in the Registration? OCR 7630 South 10th Street, Oak Creek WI 53154

Credit Card Information - Please print clearly

Cardholder Name:	MC VISA	Card Number:
3-digit code on back:	Expiration:	Signature:

I understand that I/we have registered myself or my child to participate in an OCR activity, and I agree to indemnify and hold harmless the Oak Creek-Franklin Joint School District and its employees, directors, agents and assigns from and against any and all liability. In addition, I understand that sport-related programs have some inherent risk, furthermore, the individuals named herein are in good physical condition appropriate for the stated activity. I assume full responsibility for injuries incurred while taking part in this activity. No accident insurance is provided by the Oak Creek-Franklin Joint School District. I have read and agree to the registration and program policies. I understand that photos may be taken as part of their registered activity and agree that they be used in media.

I have read the DPI's Concussion and Head Injury Information sheet. I have had the opportunity to read more information about concussions on the Centers for Disease Control and Prevention's (CDC) websites. I understand what a concussion is and how it may be caused. I also understand the common signs, symptoms, and behaviors. I agree that my child must be removed from practice/play if a concussion is suspected. I understand that it is my responsibility to seek medical treatment if a suspected concussion is reported to me. I understand that my child cannot return to practice/play until they are evaluated by an appropriate health care provide and provide written clearance from the health care provider to their coach. I understand concussions can have a serious effect on a young, developing brain and need to be addressed correctly. I have read the Sudden Cardiac Arrest information sheet. I understand that my child should stop activity/exercise immediately if they have any warning signs of sudden cardiac arrest. I understand it is recommended if my child has any warning signs of sudden cardiac arrest while exercising, they have a medical examination before exercising or returning to participation in their sport. I understand that I or my child should report a family history of heart problems or warning signs of sudden cardiac arrest to the healthcare provider doing the medical examination. I understand how to request at my cost the administration of an electrocardiogram, in addition to a comprehensive physical examination required to participate in a youth athletic activity. I understand OCR staff may be able to assist me.

Participant (18+) / Parent/ Guardian Name _____ Signature _____ Date _____



OAK CREEK-FRANKLIN JOINT SCHOOL DISTRICT
7630 South 10th Street
Oak Creek, WI 53154



Oak Creek-Franklin Joint School District

BUILDING SUCCESSFUL FUTURES TOGETHER

Carollton Elementary School.....8965 S. Carollton Drive
Cedar Hills Elementary School2225 W. Sycamore Avenue
Deerfield Elementary School.....3871 E. Bluestem Drive
Edgewood Elementary School.....8545 S. Shepard Avenue
Forest Ridge Elementary School.....2200 W. Drexel Avenue
Meadowview Elementary School.....10420 S. McGraw Drive
Shepard Hills Elementary School.....9701 S. Shepard Hills Drive
East Middle School.....9330 S. Shepard Avenue
Empower Academy.....Located in the 9th Grade Center (Door #14)
West Middle School.....8401 S. 13 Street
Ninth Grade Center.....8640 S. Howell Avenue
Oak Creek High School.....340 E. Puetz Road
Connects Learning Center....6201 S Barland Avenue, Cudahy, WI 53110
Oak Creek-Franklin Joint School District Office.....7630 S. 10th Street
Oak Creek Community Education and Recreation.....7630 S. 10th Street
Parkway Life Center.....10940 S Nicholson Road
Abendschein Park.....1311 E. Drexel Avenue
Kickers Creek Park.....8460 S. Chicago Road
Oak Creek City Hall/ Library.....8040 S. 6th Street

