



If life's challenges are affecting your family, we can help.

When you have a healthy home and family life, it's much easier to navigate life's many challenges and transitions. **The Student and Family Assistance Program (SFAP)** is available to district families who may need help with family issues. Sponsored by the Aurora Employee Assistance Program, SFAP's professional counselors can assist (in person or by phone) with:

- Marital/Relationship issues
- Parenting challenges
- Social or peer pressure
- Stress, anxiety, depression
- Substance abuse and other addictive behaviors

The Student and Family Assistance Program offers access to other professionals as well, who can support you with:

- Elder care information and referrals
- Financial consultations
- Legal consultations
- Adoption information and referrals
- Mediation consultations
- Childcare information and referrals

Any child seen through the SFAP must be seen with a parent or legal guardian. Parents or guardians must call to initiate services.

For confidential, **FREE** assistance, call **Aurora SFAP at 800-236-3231.**

 **Aurora Health Care®**
For your life.



For questions about the Oak Creek High School Student and Family Assistance Program, contact Guidance Counselor, Kim Wolak by calling (414) 768-6105 x2 or emailing k.wolak@ocfsd.org.